

# Elwyn's Philadelphia Special Needs Resource Guide (the LAST A-List)



The purpose of this guide is to share information about resources and in no manner whatsoever supports, profits or takes responsibility for the agencies, services, and individuals noted herein. This listing was created by Karen Krivit at Philadelphia Elwyn

[krivitk@elwyn.org](mailto:krivitk@elwyn.org)

This guide may be found on CAP4KIDS.org <http://www.cap4kids.org/philadelphia/>

or on the Elwyn SEEDS website: [www.elwyn.org/programs/seeds/](http://www.elwyn.org/programs/seeds/)

PLEASE **COPY ONLY THE PAGES YOU NEED AND REFRAIN FROM PRINTING THE ENTIRE GUIDE**

This listing was last updated September 2018

How do use this guide: TIPS and FAQ's	Page 2-3	Support for African Families	Page 25
Evaluations for Behavior and Development	Pages 4-7	Supports for Latino Families	Page 26
Intensive Family Supports/Housing Bed Bugs/ Family Crisis/Bereavement	Pages 8-10	Supports for Asian Families	Page 27
Mental Health Supports /Behavioral Health	Pages 11-12	Supports for Adults with Autism	Page 28
Education/Early Intervention/Therapy	Page 13	Intellectual DisAbility Services	Page 28
Phila. Special Needs/Autism Info & Training	Page 14	Sexuality and Relationships	Page 29
Websites for Education/Therapy Tools	Page 15	Respite	Page 30
Childcare/Preschool/After School	Page 16-17	Recreation and Community Activities	Pages 31-32
Information/Resources	Pages 18-19	Camps	Page 33
Advocacy	Page 19-20	Dentists/Hearing and Vision	Page 34
Research and Treatment	Page 21	Safety & Car Seats	Page 35
Philly Family Supports/Groups	Page 22	Behavioral Supports and CBH	Page 36
General Family supports and groups & Kinship Programs	Page 23	Medical Assistance and SSI	Page 37
Sibling Support Groups and Info	Page 24	Diapers &Toilet Training Resources	Page 38
Supports for Immigrant and Refugee Families	Page 25	Grants, Financial Planning, and Resource Support	Page 39

## HOW TO USE THIS GUIDE and OTHER TIPS

\*This guide is a reference for the Philadelphia Special Needs Community. It is not meant to be a comprehensive listing of all resources but a starting place to begin to get help. Please note that the resources listed herein are generally geared toward underserved populations and programs that support evidence based practices.

\*This guide is set up for copying individual pages, please be considerate of our environment and **DO NOT COPY AND GIVE OUT THIS ENTIRE GUIDE TO FOLKS WHO MAY NEED JUST A FEW RESOURCES**. Thank you for doing your part to PROTECT OUR ENVIRONMENT. The front cover lists three different websites that you can use to find this guide on line.

### TIPS, FACTS AND F.A.Q.'S

**Q:** Where can I get an evaluation for my child where there's no long wait list.

**A:** There are many places WITHOUT a waiting list! See pages 4-11

**FACT:** MANY TYPES OF PROFESSIONALS CAN EVALUATE CHILDREN FOR AUTISM AND ADHD INCLUDING PSYCHOLOGISTS, PSYCHIATRISTS, NEUROLOGISTS, NURSE PRACTITIONERS, LICENSED CLINICIANS & DEVELOPMENTAL PEDIATRICIANS. There are many methods for looking at a child's needs. It's a myth that only a developmental pediatrician can diagnose Autism.

**FACT:** Sometimes clinicians who diagnose a child will make recommendations for certain treatments and services (behavioral or educational.) Different systems may not always be able to honor or accommodate these recommendations because systems differ in their approach to working with children's needs. Remember that no one skill area is the domain of one type of expert such as a speech, occupational or an ABA therapist. Taking a child to an office to practice skills in isolation with a specialist does not have long lasting effects compared to parents joining the therapist and learning meaningful skills, remember that the quality is always better than quantity and "more is not always better." Best practice is when a therapist teaches skills that family members (or teachers) learn how to do themselves and, blend them into their regular routines so that they become natural for a child and family. Also keep in mind that just because someone has a degree in a certain field it does not always mean they have specific training and experience in working with certain types of children's needs. For example, not all Speech Therapy programs offer training on working with children with Autism.

**Q:** My family doesn't believe in labeling our child and we don't want our child to have a diagnosis.

**A:** Although you may be fearful that your child will be thought of differently if they have a diagnosis, or that a "label" will affect his choices in the future; avoiding an evaluation that will help you better understand your child's needs will only prolong your child's difficulties. We as parents may sometimes want to protect our children but in fact we may be preventing them from getting help they really need. When children can access needed services, their long-term abilities are more improved and they develop less problems because they, and those who care for them, are getting help sooner.

**Q:** Can a medication help my child with his behavior?

**A:** Medication is never an answer by itself. Not all behaviors change with a medication and medications do not teach a child needed skills to last their lifetime, parents do. If your child has behavioral needs we strongly recommend that you try **PCIT** (see page 9) or **Filial therapy** in addition. There are many things families can do to help a child with their behavior in addition to medications, please consult with your child's **IEP team** to review new things you might try too! There are many helpful tools that you can find to address behavior no matter what your child's needs are on page 15.

**Q:** What is the difference between a psychiatrist and a psychologist?

**A:** A psychiatrist is a medical doctor who can prescribe medications. A psychologist is not a medical doctor and cannot prescribe medications. A psychologist generally has more training on how to evaluate children for behavior and learning problems.

**Q:** What is ADHD or ADD?

**A:** Attention Deficit Hyperactivity Disorder or Attention Deficit Disorder. This syndrome is easy to misunderstand especially when a child may, in addition, have trouble with communicating and playing with others. Just like a "cold" is different each time and is made up of many parts such as a fever, or runny nose, ADHD is really a general description of what happens when some, or many, of a person's **Executive Functioning Skills** are not working efficiently. **Executive Functioning Skills** are how our minds organize and manage information, check out this link to better understand them and the real parts of ADHD/ADD:

<https://www.understood.org/en/learning-attention-issues/child-learning-disabilities/executive-functioning-issues/key-executive-functioning-skills-explained>

**Q: What can I do about my child's behavior, I'm waiting for behavior therapists and teachers to help me and they're not.**

**A:** Although this can be a difficult situation, and you should be requesting a meeting with your child's provider to discuss services, whether your child has services or not, there are many reasons for **you to become the expert for your child**, here are some things YOU can do on your own to make the best use of your time.

1. Make sure you have a good diagnostic evaluation of your child so that you understand if they are needing special supports.
2. Use visuals in as many ways possible to show what you expect and what is happening next, even if your child can speak! See

Linda Hodgdon's handout here:

<http://www.citrus.k12.fl.us/ese/Powerpoint/Using%20Visual%20Supports%20to%20Solve%20Problem%20Behaviors%20in.pdf>

Use the other resources on page 15 to learn what things you can make and do at home or in your school.

3. Make sure your child does a physical activity, no matter what his disability is, **three times a day**.
4. Make sure you develop structure, predictable routines, clear and consistent consequences for both good and bad behaviors.
5. Make sure that your child does NOT have access to everything he wants all the time so that he learns about asking for things and putting things away. When a child has everything he wants, he will not be motivated to change his behavior.
6. Make sure to find 5 minutes a day without electronics to play with each of your children, even if you have many children.
7. Remember that all children have tantrums and the more consistent and calm your reactions are to these, the less your child will find that having a tantrum gets him what he would like. It can be hard and frustrating to allow your child to have a tantrum but addressing this behavior will pay off his future.
8. Remember that no matter how wonderful your child's therapists are, you cannot always depend on outside help (and special services generally only last until a child is 21 years old.) Use this time to become the expert by learning ways you can support your child in all areas in order to have the most enriched and meaningful time with your child now and in his future.

**Q: If we are a multilingual family and my child has language delays, should I stop speaking with him in our native language?**

There is a lot of research proving that speaking multiple languages is NOT obstructive for skill development in children with special needs including Autism. The myth that children are "confused" or it delays a child's language is something that untrained but well-meaning people say to offer parents something to do (or rather NOT do.) Please check these out:

<https://multilingualparenting.com/2014/01/29/bilingual-parents-what-to-do-if-you-are-told-to-drop-one-of-your-languages/>

<https://www.youtube.com/watch?v=Dcv8EylhoYc&list=PLXehS00uRKcg5Ha9hVRnn71jX0-pWKZvh>

**Q: I am not satisfied with my child's services, what do I do?**

**A:** It is a parent's responsibility to inform the provider if services are not satisfactory. Parents always have the right to request a meeting with their child's provider. It is best to request a meeting via email (in writing) rather than a phone call, so that there is a record and date of the request. It is also important to copy another person in your email in case there is a problem with the provider's email. If your child receives services from Elwyn Early Intervention, the contact information for Service Coordination can always be found at their home page:

<https://www.elwyn.org/services/children-3-21/seeds-preschool-early-intervention-services/>

## EVALUATIONS FOR BEHAVIOR AND DEVELOPMENT

**MANY TYPES OF PROFESSIONALS CAN EVALUATE CHILDREN FOR AUTISM AND ADHD INCLUDING PSYCHOLOGISTS, PSYCHIATRISTS, NEUROLOGISTS, NURSE PRACTITIONERS, LICENSED CLINICIANS & DEVELOPMENTAL PEDIATRICIANS. USE THIS RESOURCE GUIDE TO FIND A PROVIDER THAT CAN HELP, THERE IS NO NEED FOR LONG WAITING LISTS!**

**PCIT** (Parent Child Interactive Therapy) is a new and proven behavior therapy technique that parents can learn to do for only 5 minutes a day with their young child that is effective for helping with many problem behaviors, such as tantrums, aggression, ADHD and defiance.... check it out!

<http://dbhids.org/about/organization/epic/ebps/parent-child-interaction-therapy/>

### **PHILADELPHIA AUTISM CENTERS OF EXCELLENCE( PACE) & CGRC**

1	<b>Child Guidance Resource Center</b> 2901 Island Ave 267-713-4100	19153	MA and commercial insurances accepted. All ages, comprehensive autism evaluations, assessment and treatment, "fast track" available, wrap-around, intensive outpatient socialization programming medication evaluation, support group open to all, social skills, sexuality and relationship workshops, <b>Spanish staff available</b> , PRT, <b>PCIT</b> , ABA, Incredible Years, CREATE (some programming for children w/behavior needs w/o ASD), will also treat siblings of child with ASD for other needs.
2	<b>Northeast Treatment Center (NET/PACE)</b> 499 Spring Garden St 855-ASD-PACE/215-408-4944	19123	MA Only-Children of all ages, comprehensive autism evaluations, assessment and treatment, wrap-around, case management, after school, summer therapeutic camps, parent support, medication evaluation, ABA, Autism Parenting Training Group, <b>Spanish spoken</b>
3	<b>SPIN Behavioral &amp; Developmental Services</b> 10541 Drummond Rd 855-ASD-PACE/215-612-7625	19154	MA, Magellan, Aetna, BCBS. Personal Choice. Children of all ages, comprehensive evaluation for autism, wrap around, case management, after school, medication evaluation, ABA, parent support, summer therapeutic camp, social skills, Caregiver support group open to all, Integrated Parent Child therapy for ages 2-4 for parents who are concerned about their child's development(no ASD diagnosis needed) <b>Spanish spoken</b>

### **AUTISM OR BEHAVIOR EVALUATIONS, FAMILY SUPPORT ACCEPTING MA / NO LONG WAITING LIST**

4	<b>Bethanna</b> 2501 Reed Street 215-568-2435 1030 2 <sup>nd</sup> Street Pike Southampton, PA 215-355-6500	19146     18966	MA and some private. All ages, <u>evaluates for Autism</u> , medication, psycho educational testing, wrap around, PCIT, also Trauma Focused CBT
5	<b>Greenridge/ INTERACT</b> 6122 Ridge Ave 215-487-1330 Also in Doylestown	19128   18901	MA, CHIP, Keystone, BCBS, Aetna, Better Health, United. Children of all ages, <u>evaluates for autism</u> , evaluates for medication, wrap around, psycho-ed testing, PCIT: parent-child interactive therapy <a href="http://www.intercommunityaction.org">www.intercommunityaction.org</a>
6	<b>NET (Northeast Treatment Center)</b> 5 <sup>th</sup> & Sprg Grdn 215-408-4944/4913/4914	19123	MA only. Children of all ages, comprehensive psychiatric <u>evaluations including autism</u> . Evaluate for medication, wrap around, Family-based and PCIT. <b>Spanish Speaking Staff.</b>
7	<b>Epic Developmental Services (previously Clarity)</b> Trevose, PA 215-322-8860	19866	MA and some private insurance. Children of all ages, <u>evaluates for autism</u> , does not evaluate for medication, provides wrap around <b>Spanish and ASL</b> staff available. ABA supervised staff.
8	<b>Philadelphia MH Center</b> 1235 Pine St 215-735-7068/9379	19107	MA. Children of all ages, <u>evaluate for autism</u> , evaluates for medication, psycho-ed testing, wrap around, outpatient and school based therapy, PCIT! After school program for ages 7-12 with autism. <b>Spanish Speaking Staff.</b>
9	<b>Progressions</b> 3300 Henry Ave 215-924-0684 4610 Street Rd, Trevose, PA	19129  19053	MA and private insurance. Children of all ages, evaluate for autism, evaluates for medication, provides wrap around, outpatient services. School based therapy, accept the adult autism waiver. <b>Arabic, Spanish, speaking staff</b>

10	<b>Juvenile Justice Center</b> 100 West Coulter St 215-849-2112 2821 Island Ave 215-365-3772	19144  19153	MA Only. Children of all ages, <u>evaluate for autism</u> , evaluate for medication, provides wrap around. Spanish spoken here! PCIT!
11	<b>Jefferson Hospital and E.I. DuPont Children's Hospital Autism Centers</b> <b>302-651-4511</b>	19107	Insurance: All insurances accepted. Children of all ages, <u>evaluates for autism</u> , does not evaluate for medication, no wrap around. Psychologists and Developmental Pediatricians at Philadelphia and Wilmington sites.
12	<b>Carson Valley/Children's Aid</b> 7500 Germantown Ave 215-753-8111 2300 West Allegheny Ave	19119  19132	MA Only. Info: Children of all ages, <u>evaluates for autism</u> , evaluate for medication, provide wrap around. <a href="http://www.cvca-pa.org/">http://www.cvca-pa.org/</a>
13	<b>SPIN Behavioral and Developmental Services</b> 10541 Drummond Road 215-612-7625	19154	Accepts most private insurances and Medical Assistance. Children of all ages; <u>evaluates for autism</u> ; evaluates for medications; wrap around; case management; outpatient and social skills treatment group; therapeutic summer camp, services for adults as well.
14	<b>Child Guidance Resource Ctr</b> 200 Old West Chester Pike, 484-454-8700	Havertown 19083	MA, Aetna, Better Health. Children of all ages, <u>evaluation for autism</u> , evaluate for medication, provide wrap around. Easy to get to via bus from 69 <sup>th</sup> Street.
15	<b>Community Council</b> 4900 Wyalusing Ave 267-295-8850	19131	Insurance: MA, CHIP. Children of all ages, <u>evaluate for autism</u> , evaluate for medication, outpatient therapy, provide wrap around. Therapeutic preschool called "PFI" for children with behavioral needs w/o Autism. <b>Spanish spoken here.</b>
16	<b>Elwyn Wrap Around</b> 3300 Henry Ave 215-254-2046	19129	MA Only – Not part of Elwyn SEEDS early intervention. Ages 3-21, <u>evaluate for autism</u> , evaluate for medication, provide wrap around
17	<b>Hall Mercer/ PA Hospital</b> 245 South 8 <sup>th</sup> St 215-829-5554	19106	MA Only. Ages 3-17, <u>evaluate for autism</u> , evaluate for medication, no wrap around BUT CASE MANAGEMENT! PreCare Dr. Zheya, (Jenny) Yu, Child Psychiatrist - <b>Chinese</b> (Mandarin).
18	<b>MCC/Warwick Family Svcs.</b> 800 Clarmont Ave Bensalem 267-525-7000	City Wide 19020	Insurance: MA Only. Info: Children ages 2 ½ - 21 years old, <u>evaluate for autism</u> , medication management, providers wrap around, outpatient therapy. Primarily a wraparound agency that specializes in serving the autism and hearing impaired community.
19	<b>Northern Children Services</b> 5301 Ridge Ave 215-482-1423	19128	MA only. Age 4 and up. <u>evaluate for autism</u> , psycho-ed testing, evaluate for medication, provides wrap around, outpatient and after school programs, PCIT!
20	<b>Merakey</b> (formerly Northwest Human Svcs) 27 E. Mt Airy Ave 215-248-6700	19119	MA Only. Info: Children of all ages, <u>evaluates for autism</u> , evaluates for medication, wrap around.
21	<b>PA Mentor</b> 10601 Decatur Rd 215-612-8200	19154	MA Only. Children of all ages, <u>evaluate for autism</u> , evaluates for medication, provides wrap around. <b>Spanish speaking staff</b>
22	<b>Warren E. Smith</b> 1315 Windrim Ave 215-455-3900 2514 N. Broad St 215-226-7100	19141  19132	MA. Children of all ages, <u>evaluate for autism</u> , evaluates for medication, provides wrap around. <b>Vietnamese/Mandarin speaking therapist</b> <a href="http://www.drwes.org">www.drwes.org</a>
23	<b>Wedge Recovery</b> 4913 N. Broad St 215-329-3200 1939 S. Juniper St 215-271-5822 6701 N. Broad St 215-276-3922	19141 19148  19126	MA. Children over 5, <u>evaluates for autism</u> , no evaluation for medication, provides wrap around. <b>Vietnamese and Khmer (Cambodian)</b> speaking case worker and counselor in South Philly site.
24	<b>COMHAR</b> 100 W. Lehigh Ave 267-861-4382 Latino Treatment Program 2600 N. American St.	19133  19133	MA and some private. Ages 5 and up. Evaluates for Autism, medications, has wrap around. Email is <a href="mailto:central_registration@comhar.org">central_registration@comhar.org</a> <b>Spanish PROGRAMS!</b>

25	<b>PAHrtners</b> 215-884-9770	City Wide	All insurances. Children of all ages with hearing impairments needing behavioral therapy and evaluations, case management and outpatient care (including children with autism – must have hearing impairment in addition)
26	<b>Merakey</b> (formerly NHS Children's Reach) 265 East Lehigh Ave 215-427-1500	19125	MA, ages 3-18, can diagnose Autism, medication evaluations and treatment is available, wrap around, PriCARE, Spanish spoken, Walk-In Services Available M-F from 8a.m.-10 a.m. no appointment needed!
27	<b>APM</b> 4301 Rising Sun Ave 267-296-7220 3263 N. Front St 215-546-9702	19140  19140	MA only Children of all ages, <u>evaluates for autism</u> , evaluate for medication, no wrap around services, <b>Spanish Speaking Staff.</b>
28	<b>Silver Springs</b> 7208 Germantown Ave 215-880-8823	19119	MA and Aetna. Children ages 2-20, <u>does NOT evaluate for Autism</u> , medication, has wrap around. PCIT, Trauma focused CBT and PriCARE and ABA programs
29	<b>RHD Children's Services</b> 4700 Wissahickon Ave 215-508-3300	19128	MA Only. Children of all ages, <u>does NOT evaluate for Autism</u> , provide wrap around.
30	<b>Foundations</b> 4641 Roosevelt Blvd (@Friends Hospital) or 833 E. Butler Ave Doylestown 215-340-1510	19124  18901	MA and some private insurance. (Will accept families who are in the process of applying for MA). Children of all ages, wrap around , <u>does NOT evaluate for Autism</u> . <b>Spanish spoken.</b> Inpatient center for Autism, <a href="http://fbh.com/">http://fbh.com/</a>
<b>AUTISM OR BEHAVIOR SERVICES/MA/ OTHER (NO FAMILY SERVICES/NO WRAPAROUND)</b>			
31	<b>The Village</b> (formerly Presbyterian Children's Village) 6512 Chester Ave 215-730-2326	19142	MA. All ages, evaluates for behavioral health <u>does NOT evaluate for autism</u> , evaluates for medication, no wrap around, play therapy including PCIT (parent child interactive therapy), PriCARE, trauma therapy, and behavior management. <b>Spanish and Portuguese spoken.</b>
32	<b>Tree of Life</b> 7040 Castor Ave 215-533-5433	19149	MA. Age 3 and up, no evaluation for autism, evaluation for medication, no wrap around, outpt therapy <b>Spanish, Portuguese, Arabic, and Russian, French Creole Speaking Staff.</b>
33	<b>CHOP CAR (Center for Autism Research)</b> 2716 South Street 267-426-7540	19146	FREE diagnostic evaluation if qualified for research program. Children of all ages, <u>comprehensive evaluation for autism</u> no medications, no wrap around. Provides comprehensive screenings for at-risk siblings.
34	<b>Center for Autism</b> 3905 Ford Rd 215-878-3400 2801 Grant Ave 215-220-2121	19131  19114	MA, Blue Cross, Personal Choice, Keystone HP East. Most evaluations at Ford Rd location. Children of all ages, <u>evaluation for autism</u> , evaluate for medication, no wrap around, outpatient, afterschool programs, therapeutic preschool, social skills, young adult transitional programs.
35	<b>Einstein Developmental Pediatrics</b> 5501 Old York Rd 215-456-6786	19141	Insurance: MA and all private insurance. Info: Children of all ages, <u>evaluate for autism</u> , evaluate for medication, no wrap around. Dr. Godbole, neurodevelopmental pediatrician.
36	<b>Greater Phila Health Action</b> 1401 S. 4 <sup>th</sup> St 215-831-9882 4510 Frankford 215-339-1070 5501 Woodland 215-724-4700	19147 19124 19143	MA, Bravo and private, Age 5 and up, does evaluate for medication, provide outpatient counseling  <b>Spanish and Mandarin speaking staff move , no ASD!!</b> <a href="http://www.gphainc.org">www.gphainc.org</a>
37	<b>Family Practice and Counseling Network (Drexel Family Health Services)</b> 850 N 11 <sup>th</sup> St 215-769-1100 4700 Wissahickon Ave 215-843-2580 6120 Woodland Ave 267-350-5170	19123  19144  19142	MA and uninsured! Ages 5-17, <u>evaluate for autism</u> , evaluate for medication, no wrap around.  Primarily outpatient counseling center integrated with health clinics.  <a href="http://www.fpcn.com">www.fpcn.com</a>

38	<b>Merakey</b> ( formerly Northwestern Human Services – Physicians Group) 11082 Knights Rd 215-632-9040	19154	MA, Keystone, Coventry, United, Aetna. Children over the age of 5, <u>evaluates for autism</u> , evaluates for medication, no wrap around.
39	<b>Pan American Counseling</b> 4519 N. 5 <sup>th</sup> St 215-457-1620 511 W. Courtland St 215-455-0311	19140  19140	MA.: Children over the age of 5, <u>evaluate for autism</u> , will evaluate for medication, no wrap around. <b>Spanish, Vietnamese, French, Creole</b> speaking staff.
40	<b>Center for Families and Relationships</b> 7901 Bustleton Ave 215-537-5367	19152	MA, private pay, sliding fee. Children over 4, family therapy and support, medication management, do not evaluate for autism, no wrap around, family therapy, anger management, art therapy, women's empowerment, parenting help.
41	<b>Michael Schuman</b> Psychologist 2200 Ben Franklin Pkwy 609-731-3311	19130	MA, Aetna, Keystone, BC/BS. Children of all ages, <u>evaluates for autism</u> , psycho-ed testing, Independent Educational Evaluations, no evaluations for medication, no wrap around.
42	<b>Steven Glazier</b> , Psychologist 201 N. Presidential Blvd 215-782-3160	19004	Insurance: MA, private pay, sliding scale. Children of all ages, does not evaluate for autism, nor medication, does not do diagnostic evals, no wrap around. Specializes in Flowtime/DIR <a href="http://www.stevenglazier.com">www.stevenglazier.com</a>
<b>AUTISM OR BEHAVIOR EVALUATIONS/PRIVATE INSURANCE OR PAY</b>			
43	<b>Manely Ghaffari</b> 129 N. 4 <sup>th</sup> Street 267-702-0543	19106	Child Psychiatrist Private pay. C4hildren of all ages, <u>evaluates for Autism</u> , evaluates for medication, no wrap around. Also has an office in Haverford. <a href="http://www.centercitypsychiatry.com">www.centercitypsychiatry.com</a>
44	<b>Melissa Brand</b> , Child Psychologist. 1601 Walnut St. 215-514-4610	19102	Private Pay (also treats children at NET who have MA)., sliding scale: Children of all ages, <u>comprehensive evaluation for autism</u> , family coaching, behavioral assessment, treatment plans, Independent Educational Evaluations, does not evaluate for medication, no wrap around. Also works with MA at NET PACE
45	<b>Jenny Zheya Yu, M.D.</b> 1500 Walnut St 267-259-7351	19102	Private Practice for Dr. Yu, child and adult psychiatrist who also sees patients at Hall Mercer, Mandarin and English spoken, <a href="mailto:zheyajenny@gmail.com">zheyajenny@gmail.com</a>
46	<b>SPARC</b> Southeastern PA Autism Resources at WCU 610-430-5678	City Wide	Most private accepted! Children of all ages, <u>comprehensive evaluation for all behavioral needs including autism</u> , psycho-ed testing, social skills, provide behavioral training and consultation at home or school, specialize in feeding issues and self-injury, social skills <b>Dr. Jennifer Dawson Psychologist</b> <a href="mailto:sparc@wcupa.edu">sparc@wcupa.edu</a> Also provide trainings and workshops
47	<b>Chestnut Hill College Psychological Services Clinic</b> 1107 Bethlehem Pike 215-233-1914	19031	Private Pay and very reasonable Sliding Fee. Children ages 6 and up, <u>comprehensive evaluation for autism</u> , psycho-ed testing and evaluations, do not evaluate for medication, no wrap around. Amy Brosof, Clinical Director <a href="mailto:brosofa@chc.edu">brosofa@chc.edu</a>
48	<b>Ilona Naroditskly</b> , Licensed Counselor 267-270-5527	Northeast	Accepts some private insurance and sliding scale fee. Children of all ages, supports and guides, families regarding evaluation for autism, does not evaluation for autism or medication, parent counseling an advocacy, no wrap around. DIR/Floortime. <b>Russian Speaking</b> <a href="mailto:info@sostherapyservices.com">info@sostherapyservices.com</a>
49	<b>Ruttenberg Autism Center</b> 1740 Walton Road Blue Bell, PA 484-567-4725	19422	Private pay, All ages, evaluations and supports for Autism. FREE Family information sessions each month. <a href="http://www.ruttenberg.com/">http://www.ruttenberg.com/</a>
50	<b>Eric Mitchell</b> , Psychologist 6810 Emlen St 215-844-6482	19119	Private pay, sliding fee People of all ages, <u>evaluates for autism</u> , family counseling around Autism, no medication, no wraparound <a href="mailto:ericmpsync@yahoo.com">ericmpsync@yahoo.com</a> <a href="http://www.ruttenberg.com/">www.ruttenberg.com/</a>
<b>AUTISM EVALUATION /NO HOME SUPPORT OR WRAP AROUND/ LONG WAITING LIST</b>			
54	<b>CHOP Developmental and Behavioral Pediatrics</b> 3550 Market St 215-590-7500	19104	MA and private insurances (no Health Partners) Children ages 0-7, <u>evaluation for autism and other developmental disabilities</u> , evaluate for medication, no wrap around. Wait is less than 6 months for kids under age 3. One year wait for other ages.
55	<b>CHOP Outpatient Psychiatry</b> 3440 Market St 215-590-7555	19104	Private insurance. (No Health Partners) Children of all ages, <u>evaluate for autism and other disorders</u> , evaluate for medication, no wrap around. Wait list.
56	<b>St. Christopher's Hosp. Developmental Peds</b> 160 E. Erie Ave 215-427-5531	19134	MA and all insurances. Children of all ages, <u>evaluation for autism and other developmental disabilities</u> , evaluates for medication, no wrap around. <b>8-10 month waiting list.</b>



## **INTENSIVE FAMILY SUPPORTS**

**HOUSING: PLEASE NOTE: HAVING A CHILD WITH A DISABILITY DOES NOT ASSIST WITH HOUSING NEEDS. THERE ARE NO SPECIAL HOUSING OPTIONS FOR FAMILIES WITH CHILDREN WITH DISABILITIES.**

**Elwyn staff and providers are not able to assist with housing.**

### **FES: Family Empowerment Services**

FREE HELP with your home and family, a social worker will come to your home, or walk-in! This service is VOLUNTARY. Help within 1 week. Families or professionals can make a referral.

- housing or landlord needs such as exterminators or repairs
- resources for help paying bills for utilities
- help with clothing, food and furniture
- support to help organize medical or school appointments
- help with private family needs such as money or counseling or advocacy

ZIP CODES: '20,'23,'24,'25,'33,'34,'37,'40

**Congreso** Doris Acevedo [acevedod@congreso.net](mailto:acevedod@congreso.net) 215-763-8870 ext. 1410

ZIP CODES: '35, '39

**FSS-** Diana Goodwin [Diana.Goodwin@elwyn.org](mailto:Diana.Goodwin@elwyn.org) 1325 S. 33<sup>rd</sup> Street 19146 267-546-3000.

ZIP CODES: '04, '39, '42, '43,'53

**The Village-** 6517 Chester Ave 19142 Maja Mapp-Luke [mmapp-luke@village1877.org](mailto:mmapp-luke@village1877.org) 215-730-2327

ZIP CODES: '02, '03, '06, '07, 12, 23, 30, 45, '46, '47, '48

**United Communities (South)** - Jacquelyn Taylor [jacquelyntaylor@UCSEP.ORG](mailto:jacquelyntaylor@UCSEP.ORG)

ZIP CODES: '11, '14, '15, '16, '20, '24, '35, '36, '37, '49, '52, '54

**United Communities (NE)-** Crystal Allen [CrystalAllen@UCSEP.ORG](mailto:CrystalAllen@UCSEP.ORG)

ZIP CODES: '04, '31, '39, '51

**Intercultural** - Mary Murphy [mary.murphy@ifsinc.org](mailto:mary.murphy@ifsinc.org) 215-386-1298

ZIP CODES: '21, '22, '32, '33

**JFCS-** Comfort Akangbe [CAkangbe@jfcsp Philly.org](mailto:CAkangbe@jfcsp Philly.org) 1501 N. Broad Street 267-210-5281.

ZIP CODES: '18, '19, '27, '28, '38, '44, '50

**YSI-** KathleenCook [kcook@ysiphila.org](mailto:kcook@ysiphila.org) Erica Makowski [emakowski@ysiphila.org](mailto:emakowski@ysiphila.org) 215-848-6200 ext 1012

\*\*\*If you have a need that is not being met by the FES agency, feel free to reach out the DHS Coordinator for this program, [Terri.McCargo@phila.gov](mailto:Terri.McCargo@phila.gov) or 215-683-4105



## **INTENSIVE FAMILY SUPPORTS CONTINUED**

**TACHP: Technology Assisted Children's Home Program.** Case management (care coordination, advocacy, supports) across the state for children ages 0-22 who have a range of diagnostic needs. Free, voluntary, funded by the PA Dept of Health. Referrals can be made by anyone directly by emailing Missy Modesti at [mmodesti@phmc.org](mailto:mmodesti@phmc.org).

**The Medical Home Community Team:** Provides home-visiting services for families to help address social determinants of health and development. MHCT offers case management assistance to parents and their children, with and without special healthcare needs, ages 0-21 years old and residents within Philadelphia county. All referrals must come from a AAP certified Medical Home within Philadelphia County. For additional information on MHCT's referral process, contact Shakira Gore [sgore@phmc.org](mailto:sgore@phmc.org).

**JAFCO:** FREE Case Management and support for families with children who are in crisis, also for relatives raising others' children. Contact Rebecca at [rebecca@jafco.org](mailto:rebecca@jafco.org) or call 610-525-1040

**Special Needs Coordinators from Health Insurance Companies** are available from every child's health insurance company to assist a family in navigating resources and supports on behalf of a child. Professionals or families can call them, or call the number on the back of your medical card to get connected to your Special Needs Coordinator.  
Aetna Better Health 855-346-9828                      Keystone: 215-937-8881  
Health Partners: 215-967-4690                      United Healthcare: 215-844-8844

**Nurse Family Partnership/Mabel Morris Early Childhood Home Visiting.** Home based support, guidance, advocacy, systems navigation with a focus on school readiness, parenting and family cohesion. For families with a child under age 5 in Philadelphia. 215-287-2114 <http://www.nncc.us/program-center/improving-health-through-early-action/54-the-mabel-morris-early-head-start-program>

**Mental Health Targeted Case Management/BCM** (or "Blended Case Management") for children or adults who have a MH diagnosis. Face to face support and systems navigation for a person or a family to obtain or coordinate services and resources on behalf of a person with a MH diagnosis such as Autism, ADHD, etc. A professional or family can call 215-599-2150 for a referral. <http://dbhids.org/about/organization/office-of-mental-health/coordinated-consumer-services-ccs/targeted-case-management-tcm/>

**Women in Transition** Supportive Counseling, advocacy, and referrals for women who are endangered by domestic violence. 718 Arch Street, 19106 215-564-5301(M-F, 9-5)

**Women Against Abuse: 24 Hotline** 866-723-3014, safe havens, legal support, crisis support.

**Parent Training Group at NET** Parent Training for families who have a child with autism. Includes tokens, snacks and childcare. 215-408-4904 or 215-238-1426 x 3980 [silvia.infante@net-centers.org](mailto:silvia.infante@net-centers.org) Evening and weekdays available. 5<sup>th</sup> and Spring Garden. FREE!

**The School District of Philadelphia Office of Family and Community Engagement**  
Multiple supports for families, ESL classes, GED programs, information and referrals for supports, and emergency family needs, all services are free, coordinators can meet families at their local school. Located at 440 N. Broad St. 1<sup>st</sup> Floor, 215-400-4180 <http://webgui.phila.k12.pa.us/offices/p/publicengagement>

**Parenting Collaborative** [pcreferrals@phmc.org](mailto:pcreferrals@phmc.org) 215-825-8259  
FREE! Referral to local community based parent support and education groups in any area of the city, see website for all programs: [http://www.phmc.org/site/images/PDF/Parenting-Collaborative\\_classes.pdf](http://www.phmc.org/site/images/PDF/Parenting-Collaborative_classes.pdf)

**"Parenting Plus!"** Parenting support for parents who have a mental health need. Free!  
Contact Gina Caruso at [gcaruso@mhasp.org](mailto:gcaruso@mhasp.org) 267-507-3872

## **INTENSIVE FAMILY SUPPORTS CONTINUED**

**Center for Grieving Children** 3300 Henry Avenue, 19129 267-437-3123 <http://grievingchildren.org/> Free!  
A safe and caring place where children and families who are grieving can find help. Three locations: West Philadelphia, East Falls and Lower Northeast.

**Philadelphia Anti Violence Partnership**, 2000 Hamilton Street, 19130 [avpphila.org](http://avpphila.org) 215-567-6776 Free!  
Counseling to adult and child co-victims of homicide and victims who have been traumatized by other forms of violence.

**Philadelphia ACE Task Force (Averse Childhood Experience)** <http://www.philadelphiaaces.org/events>  
A collaboration and partnership offering resources and trainings for those who work with families and children experiencing stressors that affect their well-being. Sign up for their workshops and mailing list.

**DBHIDS's EPIC:** (Evidence Based Practice and Innovation Center at CBH) provides specialized Evidence Based therapy for a range of unique needs for children and families including Trauma Informed Therapy, PCIT and CBT. Please refer to their website for a more comprehensive overview of therapies and the centers that provide this FREE service:  
<http://dbhids.org/epic/evidence-based-practices-in-philadelphia/>

**Sesame Street** <http://www.sesamestreet.org/toolkits> offers many amazing resources:  
-for families with an incarcerated parent: <http://www.sesamestreet.org/toolkits/incarceration>  
-for children needing to navigate difficulties in their community  
<http://www.sesamestreet.org/toolkits/challenges>  
-for children who are experiencing grief and loss: <http://www.sesamestreet.org/content/grief>

**Stories Alive;** gives incarcerated parents the opportunity to read and connect with their children during a live video-conference call. <https://libwww.freelibrary.org/programs/prisonservices/storiesalive.cfm>

**National Child Traumatic Stress Network** <https://www.nctsn.org/audiences/families-and-caregivers>

This website offers resources are for parents, adoptive parents, resource/foster parents, grandparents, caregivers, and all others who care for children and teens in many different languages. The more caregivers learn about how traumatic events affect their children (whether toddler, school-age, teen, youth, or adult), the more they understand the reasons for their children's behaviors and emotions, and the better prepared they are to help them cope. When children know that caring adults are working to keep them safe and support them in understanding their reactions to trauma, most can recover and go on to live healthy and productive lives.

### **BED BUGS**

Philadelphia/Penn State Bed Bug Task Force (English and español) :  
<http://extension.psu.edu/pests/ipm/news/2015/new-bed-bug-task-force-in-philly>  
NNCC Safe and Health Homes Program: <https://www.nncc.us/program-center/a-healthy-environment-for-families/185-safe-and-healthy-homes-program>

## **Behavior Health Alternatives for Children**

### **Philadelphia Targeted Case Management Blended Case Management (BCM) 215-599-2150**

For any child with a MENTAL HEALTH (DSM) diagnosis needing supports to navigate systems and resources, attend appointments, or follow treatment recommendations from school or a behavioral health provider. A BCM can be a liaison between school and a home and can make BHRS(Wrap Around) services more effective by assisting with family engagement. This service is NOT part of BHRS/Wrap Around and a person does NOT have to have insurance. BCM is usually set up within 2 weeks of a professional making the referral. Interpreters are available upon request. \*Referrals are preferred to come directly from the professional with the family's consent.

<http://dbhids.org/about/organization/office-of-mental-health/coordinated-consumer-services-ccs/targeted-case-management-tcm/>

**Parent Support Classes:** Philadelphia is home to many wonderful FREE Parent's Programs in this city for every kind of family or person, even just for Dads. [pcreferrals@phmc.org](mailto:pcreferrals@phmc.org) 215-825-8259

**PCIT:** Parent Child Interactive Therapy is for children ages 2 to 8 with behavior problems as well as children with interpersonal, attachment, attention and aggression issues. It is available for families at a variety of agencies (see pages 4-7). This technique has proven to help many kids who were thought to need medication or who were diagnosed with ADHD but after their families fully participated in this program they were no longer diagnosed and did NOT need medication! Try it!

**PCIT Brochure:** [http://dbhids.org/wp-content/uploads/1970/01/EPIC\\_PCIT-brochure.pdf](http://dbhids.org/wp-content/uploads/1970/01/EPIC_PCIT-brochure.pdf)

**PCIT Providers in Philadelphia:** [https://dbhids.org/wp-content/uploads/2016/05/EPIC\\_PCIT-Provider-List.pdf](https://dbhids.org/wp-content/uploads/2016/05/EPIC_PCIT-Provider-List.pdf)

**Pri- CARE:** Child-Adult Relationship Enhancement . This is a training model assists caregivers to address children who have disruptive behaviors or traumatic experiences and improves their ability to form relationships and follow instructions. CARE providers can be found at this link: <https://dbhids.org/wp-content/uploads/2018/08/PriCARE-Provider-List.pdf>

**Filial Therapy at CCTC:** 1080 N. Delaware Avenue (near the Spring Garden@Front) FREE program for parents to gain support and skills to manage behavioral challenges with their child with lifelong effects and the benefit of becoming part of a supportive community. Belinda Petrone 215-496-0707 [belinda.patrone@cctckids.org](mailto:belinda.patrone@cctckids.org)

## **Behavioral Health/Mental Health Crisis Info**

**Community Behavioral Health (CBH)** 888-545-2600 24/7 Behavioral Health Referrals and Information for any resident of Philadelphia!

**City-Wide for ANY CHILD needing URGENT Same-Day behavioral health evaluation:**

**PATH:** M-F 11-6. Closed holidays. 215-728-4651 8220 Castor Ave 19152

**City-Wide for ANY PERSON of ANY AGE: 24/7 telephone support, mobile crisis team, and guidance on how to help the person in distress: Philadelphia Behavioral Health Hotline 215-685-6440**

**Suicide Prevention Hotline: 215-686-4420**

**City-Wide Child 24-hour emergency Response Center (formally CRC) 215-877-2600**

3300 Henry Ave 19129, Falls Two Building

**Philadelphia Office of Intellectual Disabilities Service**

**Emergency:** 215-829-5709 (Hall-Mercer 24 Hour Adult Unit, ages 18 and up)

**Philadelphia DBHIDS**

**UNDOCUMENTED and UNINSURED** individuals may be eligible for drug and alcohol and emergency treatment, clients can call CBH 24 hours a day to find information 888-545-2600

**Immigrant and Refugee Mental Health Information** can be found on the School District of Philadelphia's "Immigrant and Refugee Toolkit" : <http://mailimages.philasd.org/pub/Immigrant-Refugee-Toolkit.pdf>

**PA/CHOP Behavioral Health TIPS:** 267-426-1776 Immediate FREE consultative guidance for CLINICIANS in the Philadelphia region who have questions about behavioral treatment/medications/disposition/referrals for children insured through Medicaid. Staffed by experts in the field 24 hours a day.

<http://www.chop.edu/services/pennsylvania-telephonic-psychiatric-consultation-service-program-tips>

**ECHO Autism Collaborative: FREE** virtual learning network for providers offering real-time access to Autism experts for practitioners who have medical, educational and behavioral concerns.

<https://www.centerforautismresearch.org/echo-autism-chop>

### **Behavioral Health Therapeutic Preschool Programs**

The Center for Autism [www.thecenterforautism.org](http://www.thecenterforautism.org) [info@thecenterforautism.org](mailto:info@thecenterforautism.org) 215-878-3400  
Full-Day and Half-Day Preschool: 2-5 yrs. and After School Social Competency Program for children 6-15 yrs. Child must have Medical Assistance. Two locations: 3905 Ford Road, 19131 and 2801 Grant Avenue, 19114. Transportation.

Children's Crisis Treatment Center (CCTC) - 215-496-0707 (Ages 2 ½-5 with significant social/emotional behavioral challenges, no Autism, MA only, transportation) 1080 N. Delaware Ave, 19125

Community Council Therapeutic Preschool (PFI) - 215-278-2390 (Ages 2.9 -5 with significant social/emotional and behavioral needs, no Autism, MA only, Transportation) 1241 N. Taney Street 19121

Hall Mercer Early Childhood Program for Children with Autism or Related Disorders - 215-829-5573 (half days for ages 3-5 with Autism, social and communication needs. Must have MA. Transportation available. )245 S. 8<sup>th</sup> Street 19107

Merakey - 215-427-1500 265 East Lehigh Ave 19125

(Ages 2 ½-5 with significant social/emotional behavioral challenges, no Autism, MA only, transportation)

## **Education – Early Intervention – Therapy**

For children outside of Philadelphia, call CONNECT at 1-800-692-7288 (7:30 a.m.-7:30 p.m.)

**FACT: With a family's permission, professionals can start a referral to Early Intervention on behalf of a child.**

### **AGES 0-3. Philadelphia Infant Toddler Early Intervention**

**Intake:** 215-685-4646 [birthto3ei@phila.gov](mailto:birthto3ei@phila.gov)

**Services:** Childlink: 215- 731- 2100 [www.childlinkphila.org](http://www.childlinkphila.org)

**Partnership for Community Supports** 267-350-4500

### **AGES 3-5. Elwyn SEEDS:**

<https://www.elwyn.org/services/children-3-21/seeds-preschool-early-intervention-services/>

**Intake**, evaluations, assessments: 4025 Chestnut Street 19104: **215-222-8054**

**Service Coordination/Administration/IEPs:** 4040 Market Street: 215-921-7164.

**Parent Partners** 215-222-4181: guidance and support from parents for parents

**Referral** :<https://www.elwyn.org/wpcontent/uploads/2016/08/CommunityReferralForm.pdf>

**Educational Autism evaluations** are available for children within the Elwyn Early Intervention system, families should contact their service coordinator for info.

**Ages 5-21 years: Philadelphia School District:** <http://www.phila.k12.pa.us/>

440 N. Broad Street Philadelphia, PA 19130, 215-400-4000

Every school has a Special Education Liaison (SEL) who will work with you when you have concerns about your child's education, call 215-400-4170 to find yours.

Autism Coordinators: Judy Anderson 215-400-6310 /Michelle Nutini 215-400-6408

Parent Coordinator: JoAnne Eggleston [jeggleston@philasd.org](mailto:jeggleston@philasd.org) 215-400-6065

**GOING TO KINDERGARTEN? No matter where your child will go, or what their abilities are, registration by May the year before, at your local elementary school is required to secure a spot in the kindergarten system.**

### **IMMIGRATION NEEDS related to Education and Mental Health:**

All children in the state of PA have the right to a free public education which includes special education supports if needed. Immigrant and refugee children do NOT need a green card, visa, passport, alien registration number, social security number or proof of citizenship or immigration status to register for school. For more information in English and many other languages please see these sites: <http://welcomingcenter.org/immigrants/obtaining-education>  
<http://mailimages.philasd.org/pub/Immigrant-Refugee-Toolkit.pdf>

### **The School District of Philadelphia Office of Family and Community Engagement**

Student placement, after school programs, supports for multilingual families, ESL classes, interpreters, translations and information and referrals for mental health supports, and emergency family needs, all services are free. Located at 440 N. Broad St. 1<sup>st</sup> Floor, 215-400-4180

<http://webgui.phila.k12.pa.us/offices/p/publicengagement>

**The School District of Philadelphia Multilingual Family Support Office** 215-400-4180 [translation@philasd.org](mailto:translation@philasd.org)

Many educational documents are available in a variety of languages for families:

<https://www.philasd.org/face/multilingual/>

## **Philadelphia and PA Special Needs/Autism Resources and Trainings**

**Philadelphia Autism Project Events Calendar:** <http://www.paautism.org/phillyautismproject/Events/y/2017/m/5> find events, activities and workshops about Autism and Special Needs

Philly Autism Resource Map: <http://www.paautism.org/phillyautismproject/Community/Resources-by-Neighborhood>  
Find support groups and library events listed by neighborhood.

**ASERT (Autism Services Education Resource and Training)** program. <http://www.paautism.org/>  
Looking for additional assistance? Contact the ASERT Resource Center: 877-231-4244 or [info@paautism.org](mailto:info@paautism.org)

**Temple Institute on Disabilities** [www.disabilities.temple.edu](http://www.disabilities.temple.edu)

Free trainings for any PA resident on a variety of topics: parent advocacy, assistive tech( see PIAT), criminal justice and disabilities, employment . See **Families First:** <http://disabilities.temple.edu/programs/leadership/families.shtml>

**-Pennsylvania's Initiative on Assistive Technology (PIAT)**

PIAT provides information, assessment and trainings for people who would benefit from Assistive Technology (AT). This program allows you to try a device for a limited time to be sure it meets your needs. PIAT also operates a program which offers ways for people to obtain, donate, recycle or sell AT equipment such as iPads and SmartPhones. Visit <http://disabilities.temple.edu/tech/> or email to [ATinfo@temple.edu](mailto:ATinfo@temple.edu).

**ELWYN SEEDS** [www.solutionwhere.com/elwyn](http://www.solutionwhere.com/elwyn) a monthly listing of trainings in Philadelphia open to the public on a variety of topics including Act 48 and PQAS credits.

<http://www.elwyn.org/program/seeds> resources and helpful information about special needs

**Next Steps Trainings from CHOP**

Low cost 1-day workshops: Next Steps After Getting a Diagnosis of ASD and Next Steps into Adolescence. Next Steps for Professionals. Workshops are intended for family and professionals. [autism@email.chop.edu](mailto:autism@email.chop.edu)  
<http://www.centerforautismresearch.com/community/training/>

**SPARC** 610-430-5678 <http://www.wcupa.edu/sparc/> provide consultation for staff or individuals on difficult issues such as self-injury, toileting, feeding. Workshops available. There is a fee for these services.

**Philadelphia Special Needs Consortium** <https://www.phila.gov/health/MCFH/specialNeeds.html>

A forum for professionals and families to share information and network with others in the health care, education, legal, policy and community. See this web link for more info or contact [Nick.Claxton@phila.gov](mailto:Nick.Claxton@phila.gov)

## **Websites for Free Educational and Therapy Tools (Autism and beyond!)**

**Real Look Autism:** You Tube Channel: <https://www.youtube.com/user/reallookautism> BEST videos for how to manage everyday things using tools and behavioral methods for children with a variety of disabilities, not just Autism! Facebook: <https://www.facebook.com/Real-Look-Autism-205119269507844/>

**smallWORLD Video Library:** <http://smallworldspecialneeds.org/> Videos and tips for families and professionals in a variety of languages about Behavior, Speech and many other topics. Free Downloads to make your own visual supports. Available in English, Spanish, French, Arabic, Russian, Nepali, Vietnamese and Chinese.

**National Child Traumatic Stress Network** <https://www.nctsn.org/audiences/families-and-caregivers>

This website offers resources are for parents, adoptive parents, resource/foster parents, grandparents, caregivers, and all others who care for children and teens in many different languages.

**Sesame Street :** <http://autism.sesamestreet.org/videos/parents/> Great resources and videos for the entire family on many topics including bereavement, incarceration as well as Autism.

**Understood:** <https://www.understood.org/en/about> Sign up, it's FREE! Family-friendly easy-to-use resources on how families can help their child who may struggle with behavior, learning problems or other special needs.

**Trainland :** <http://trainland.tripod.com/pecs.htm> - Links to FREE picture cards and shows you how to make your own pictures, visual schedules and social stories.

**Speaking of Speech:** [www.speakingofspeech.com](http://www.speakingofspeech.com) - Free downloads for communication books, social skills, social stories and IEP goals. Great for teachers, families and therapists!

**Sensory Smarts:** <http://sensorysmarts.com> - Ideas on how to develop sensory routines/activities within your household without buying things. Great tips on issues such as managing haircuts, winter weather activities, etc.

**Do 2 Learn:** [www.do2learn.com](http://www.do2learn.com) Free picture schedules and activities for social skills and behavior management.

**Cindy's:** [www.cindysautisticsupport.com](http://www.cindysautisticsupport.com) - Tons of free stuff to download and print for both clinicians and families for the classroom, childcare center or home.

**Jill Kuzma:** <http://jillkuzma.wordpress.com/> A great place to find tips on improving social or emotional skills.

**Snagglebox:** [www.snagglebox.com](http://www.snagglebox.com) - wonderful website for families and professionals with useful tools and articles addressing with everyday things that are affected by living with Autism, check it out!!

**One Place For Special Needs** [www.oneplaceforspecialneeds.com](http://www.oneplaceforspecialneeds.com) Great site for advice on variety of special needs for parents and professionals. Tips on best apps, homework, vacation, how to make picture schedules at home cheaply, and even how to manage haircuts! Great social stories for all situations, monthly newsletter

**Autism Speaks App Finder:** [www.autismspeaks.org/autism-apps](http://www.autismspeaks.org/autism-apps)

No matter what the disability is, the best place to find out about apps is on this Autism Speaks site.

**The Watson Institute :** <https://www.thewatsoninstitute.org/resources/behavior-stories/>

Free social stories on a wide range of topics including dressing, going to school, making friends and toileting!

**Child Development Institute** <https://childdevelopmentinfo.com/> Website offering an online newsletter with helpful information on how to teach kid with learning needs, especially for those with ADHD , also: great tips for parents.

**www.lifewithgreyson.com** 5 Tips to Help Your Child's Behavior : <http://www.lifewithgreyson.com/2014/12/five-tips-to-help-your-childs-behavior.html>



## **Childcare and Preschool**

(Elwyn does not endorse any of the groups or agencies listed herein.  
The purpose of this listing is to provide information about resources in the community only)

**Child Care Information Services (CCIS)** [www.philadelphiachildcare.org](http://www.philadelphiachildcare.org) 1-888-461-KIDS

Helps locate preschools, camp and childcare and afterschool programs as well as assisting with obtaining subsidized childcare and navigating systems and helping to address behavioral need for a child in care .

**PA Regional Key 267-773-4400** <http://www.philaregionalkey.org/about-us> Request a behavior or special needs consultant to assist your child's center for FREE!

**Prekindergarten Head Start** 215-400-4270 (3-5 year olds, age 3 by September 1<sup>st</sup>.)

[www.phila.k12.pa.us](http://www.phila.k12.pa.us) (search: "Headstart" or "early childhood")

Free for low-income families. Coordinators assist with needs of disabled children, citizenship status is not a requirement for education.

**Other Head Start programs** [www.phila.k12.pa.us](http://www.phila.k12.pa.us) ("Head start partners")

Bright Futures: Low income families, 10-month program includes breakfast, lunch and snack)

[brightfutures@philasd.org](mailto:brightfutures@philasd.org) Pre K Counts: for working but low income families:

<https://ece.greatphillyschools.org/schools?name=&zip=&neighborhood=&prekcounts=TRUE>

**Philly PreK** <http://www.phlprek.org/> 844-PHL-PREK or 844-745-7735, no income requirements

### **Early Head Start ( for 0-3 year olds)**

**Gateway Community Action:** 215-278-2212 (home-based)

**The Health Federation of Philadelphia :** 215-223-5200 (home-based)

**Maternity Care Coalition :** 215-551-6330. (Home and center based childcare)

**CHOP Early Head Start:** 267-425-9900 (home and center-based)

**So Love Autistic Center for Childcare** (Drexel Hill , PA) 610-446-3680 [www.solovecenter.org](http://www.solovecenter.org) , accepts CCIS!

Follows the Early Start Denver Model and other behaviorally based strategies. The only Autism-specific day care!

**Bright Beginners Academy** <http://brightbeginnersacademy.com/> Autism friendly childcare options available, Far northeast Philly.. Shares a building with MCC Behavioral Health 267-520-7200

**Frankford Community Focus Learning Center** 7731 Frankford Ave 215-904-5725. Contact Dierdre Bennett, director, special needs focused day care in the community.

<https://www.communityfocuslearningcenter.com/contact>

**Frankie's World** [www.frankiesworlddaycare.com](http://www.frankiesworlddaycare.com) 215-763-0151 1011 Poplar Street 19123

Child care ages 0-21, pre-k/Headstart for medically fragile children who have skilled nursing needs 5 days a week (some Saturdays available) from 7 a.m.-7 p.m. Transportation provided.

**Lauren's House** [www.pediatricchc.com](http://www.pediatricchc.com) 1318 West Clearfield St., 19132 (888) 340-9430

Child care for medically fragile children ages 0-21, open 7am-7pm Monday-Saturday.

**Pediatrica** [www.pediatricakids.com](http://www.pediatricakids.com) 215-376-6801 8101 Washington Lane Wyncote PA 19095

Childcare for medically fragile children (ages 0-7) needing skilled nursing care Monday-Friday, 6:30am-6:30pm. Transportation provided.

### **Kicked Out ("Expulsion")/Suspended/Asked to leave?**

All Pennsylvania early learning programs receiving government funding (like Head Starts or CCIS) must have plans and supports for children who may have behavioral challenges or special needs. Please see the following:

<http://www.pakeys.org/wp-content/uploads/2018/02/Guidelines-to-Support-Implementation-of-OCDEL-Announcement-of-Suspension-and-Expulsion-Developing-Policy.pdf>

For families who find themselves in need of support around this issue, help can also be found through **Child Care Information Services (CCIS)** [www.philadelphiachildcare.org](http://www.philadelphiachildcare.org) 1-888-461-KIDS .Early Childhood Programs can call 1800-692-7288 (OCDEL) for supports.

## **After School Programs**

### **Philadelphia Autism Centers of Excellence (PACE)**

SPIN – 215-612-7625. Located at Northeast: 10980 Norcom Rd., 19154 or Northwest: 6200 Crittenden St, 19138  
NET (Northeast Treatment Center) – 215-238-1426 ext: 3980/3986. 458 N. 2<sup>nd</sup> Street (near Spring Garden) 19123  
Child Guidance Resource Center - 267-713-4100. Located at 2901 Island Ave, 19153 Social Skills groups only!

### **Child Care Information Services (CCIS)** [www.philadelphiachildcare.org](http://www.philadelphiachildcare.org) 1-888-461-KIDS

This agency helps families locate preschools, camp and childcare and afterschool programs in their community as well as assisting with obtaining subsidized childcare.

### **The Center for Autism** [www.thecenterforautism.org](http://www.thecenterforautism.org)

Social Competency Program for children 6-15 yrs. old (M-Th, 5-7pm). After school programs offered at both CFA sites. Call 215-878-3400 or email [info@thecenterforautism.org](mailto:info@thecenterforautism.org). **MA ONLY**

### **The Variety Club** [www.varietyclub.org](http://www.varietyclub.org)

For children ages 7-21 from 3-6 p.m. Located at three sites: Furness H.S. (19148), Lincoln H.S. (19136), Widener Memorial H.S. (19141). Contact Kiana Berry 215- 735-0803 ext. 19 [kberry@varietyphila.org](mailto:kberry@varietyphila.org)

### **YMCA** <http://www.philaymca.org/>

Columbia North:1400 N. Broad St. 19121, 215-235-6440 Roxborough:7201 Ridge Ave 19128 215-482-3900  
Christian St:1724 Christian St. 19146, 215-735-5800 West Philly:5120 Chestnut St. 19139, 215-476-2700  
Northeast Family: 11088 Knights Rd., 19154, 215-632-1484

**The YMCA is now accepting some insurance to cover registration and monthly fee payments!!**

### **Philadelphia Mental Health Center (PMHC) MA ONLY** [www.pmhccares.org](http://www.pmhccares.org)

215-735-9379 ext 317 or 215-743-7033 ext: 7182 Ages 6-12 with Autism - 5:1 child to adult ratio, transportation and meals included. Located at 4900 Wyalusing Avenue 19131 ( also summer and vacation care)

### **Out of School Time** <http://afterschoolinphilly.weebly.com/>

City-wide resource for mostly FREE after school, summer and weekend enrichment programs.

### **Temple University Intergenerational Center**

Grandma's Kids – Afterschool program for children living in kinship care offering homework help, trips and events. Please contact Joy Woods Jones, Program Direct, 215-204-3105

### **ASAP** Philly's Afterschool Programs,(NOT specific to special needs) <http://www.phillyasap.org/>

215-545-2727. Opportunities for volunteers, provides foundations for clubs in debate, drama, chess and scrabble.

## **Information and Resources**

(Elwyn does not endorse any of the groups or agencies listed herein.)

### **AUTISM "Warm" LINES**

**ASA: Autism Society of America/Philadelphia:** 610-358-5256

**ASERT (Autism Services, Education, Resources, & Training Collaborative)** 877-231-4244 [info@paautism.org](mailto:info@paautism.org)

**Autism Speaks Autism Response:** 888-288-4762

**Philadelphia Autism Project Resource Map and Calendar** find (or list) a group in your neighborhood!

<http://www.paautism.org/phillyautismproject/Support-Groups-Map>

**Community Autism Network:** Free community trainings about Autism for families and agencies.

[www.cancenter.org](http://www.cancenter.org)

**Autism Society of America/ Greater Philadelphia Chapter ASA**

[www.asaphilly.org](http://www.asaphilly.org) [asa-info@comcast.net](mailto:asa-info@comcast.net) [asaphilly.org/index.php](http://asaphilly.org/index.php)

A resource for local and national events and information, GET CONNECTED, SIGN UP FOR THEIR FB OR LISTSERVE!

**ASERT (Autism Services, Education, Resources, & Training Collaborative)** [www.paautism.org](http://www.paautism.org) Resource Center Phone: 877-231-4244 [info@paautism.org](mailto:info@paautism.org) FREE Statewide Resource Center provides families, individuals with autism, and professionals the opportunity to contact a live person for resources, information and news. English or Spanish.

**The Philadelphia Autism Project: Video Series** for Families <http://www.paautism.org/phillyautismproject/Community/Videos>

Culturally specific videos on understanding Autism for many cultures including African American, Asian and Latino Families.

See the video for Clinicians about how to raise the issue of Autism with a family called, "Autism: How to Tell"

[http://www.paautism.org/phillyautismproject/Community/Videos/view\\_1013/detail/cid\\_1013/497/page\\_1013/1](http://www.paautism.org/phillyautismproject/Community/Videos/view_1013/detail/cid_1013/497/page_1013/1)

**Philly Autism** [www.phillyautism.webs.com](http://www.phillyautism.webs.com) Lisbeth Little: 215-850-4197 [phillyautism@gmail.com](mailto:phillyautism@gmail.com)

FREE! Online local support group for families with children of all ages with autism, occasional meet ups.



<https://www.facebook.com/groups/phillyautism#!/groups/neffas/>

**The CHOP Center for Autism Research Autism Road Map** <https://carautismroadmap.org/>

Web-based Information and resources for children, youth, adults and families about Autism.

**ASCEND** [www.ascendgroup.org](http://www.ascendgroup.org) 610-664-6776 [info@ascendgroup.org](mailto:info@ascendgroup.org)

Support, information, resources, and advocacy for high-functioning Autism (previously "Asperger's")

**Autism Speaks** [www.autismspeaks.org](http://www.autismspeaks.org) 1888-AUTISM2 (1888-288-4762)

Many useful "toolkits" for "How-To" for families and providers. Available in SPANISH as well!

**Autism Navigator Video Glossary** shows many short videos of children at various ages with and without Autism. Also shows what various therapies look like. FREE but signing up is required first:

<http://resources.autismnavigator.com/asdglossary/#/section/43/gettingStarted>

**Raising Children Network ~ The Australian Parenting Website**

[http://raisingchildren.net.au/children\\_with\\_autism\\_videos.html](http://raisingchildren.net.au/children_with_autism_videos.html)

Australian website features diverse families (including Dads!) sharing their stories. Many other special needs videos besides Autism!

**One Place For Special Needs** [www.oneplaceforspecialneeds.com](http://www.oneplaceforspecialneeds.com) Information on a variety of special needs, not limited to Autism: Signing on is required, but otherwise FREE.

**CAP4KIDS** [www.cap4kids.org/philadelphia](http://www.cap4kids.org/philadelphia) Most up-to-date listing of all local resources for families including camps, childcare and dentists. Also offers copies of a screening tool for Autism called the MCHAT. The information on this website is available in many languages.

## **Information and Resources Continued**

(Elwyn does not endorse any of the groups or agencies listed herein.)

**Childrens National Center for Autism Spectrum Disorder (CASD)** <https://childrensnational.org/departments/center-for-autism-spectrum-disorderscasd> Information about treatments, causes, a guidebook is available that is a good tool for advanced readers. Many useful sections to print out for families and loved ones. Information about alternative treatments and “cure” programs. Also look for “How can I be a friend to someone with ASD” booklet.

**Snagglebox:** [www.snagglebox.com](http://www.snagglebox.com) - wonderful website for families and professionals with useful tools and articles addressing with everyday things that are affected by living with Autism, check it out!!

**[www.smallworldspecialneeds.org](http://www.smallworldspecialneeds.org)** <https://www.youtube.com/channel/UCVtUXrRRBohcQahB-Ft6uA>  
informative videos about Autism, ADHD and other special needs.

## **Advocacy**

### **Office of Maternal, Child and Family Health Special Healthcare Needs Parent Advocacy**

Kheli Muhammad: 215-685-5246 email: [kheli.muhammad@phila.gov](mailto:kheli.muhammad@phila.gov)

**Tools for Meeting Life’s Challenges:** [www.toolsmlc.org](http://www.toolsmlc.org) 866-594-8362 [jscullin@toolsmlc.org](mailto:jscullin@toolsmlc.org)

Providing resources, support and advocacy, in-person and online, to empower people with disabilities, their families and allies to lead self-determined lives. Information about education, finances and benefits. Free

**Parents Involved Network (PIN)** 1211 Chestnut St. 19107 267-507-3860

Assists parents or caregivers of children and adolescents with emotional and behavioral needs. Information, resources support services and advocacy. Spanish speaking staff.

**The Arc of Philadelphia** 2350 W. Westmoreland St., 19140 215-229-4550 [www.arcpddc.org](http://www.arcpddc.org)

Training, information and referral support to people with disabilities and their families.

**Vision For Equality, Inc** 718 Arch St. 215-923-3349 [www.visionforequality.org](http://www.visionforequality.org)

Advocacy and mentorship for families of children with disabilities also provide trainings on a multitude of topics related to disabilities. Spanish speaking staff.

**Pennsylvania’s Education for All Coalition (“PEAC”)** [www.paedforall.org/](http://www.paedforall.org/) [info@paedforall.org](mailto:info@paedforall.org)

Free consultation and advocacy for schools, programs and families related to supporting inclusion options for children with disabilities. 267-232-0570. Advocates can attend IEP meetings with families. FREE workshops about IEP’s available in English and Spanish!

**PEAL Center** (Parent Education Advocacy Leadership) [info@pealcenter.org](mailto:info@pealcenter.org) 866-950-1040

For families, youth and young adults to support them in understanding their rights, accessing services, care and supports.

**Legal Clinic for the Disabled** <http://www.lcdphila.org/how-we-can-help/> Intake Line 215-587-3350 or email at [legalinfo@lcdphila.org](mailto:legalinfo@lcdphila.org) Free legal assistance for people with physical disabilities or who are deaf or hard of hearing and who live in Delaware Valley counties and qualify as “low-income”.

**Disabilities Rights Network of PA** [www.drnpa.org](http://www.drnpa.org) 215-238-8070 Information and advocacy for all populations of people with special needs, challenges or disabilities, many resources in Spanish as well.

## **Advocacy Continued**

**Pennsylvania Health Law Project**      [www.phlp.org](http://www.phlp.org)

123 Chestnut St. 19106   1-800-274-3258   215- 625-3663. Spanish speaking staff. Information about waivers and how to work and maintain a job while you are also receiving SSI. Info about health care and services.

**PA Education Law Center**   [www.elc-pa.org](http://www.elc-pa.org)   1315 Walnut Street   19107                      1-800-692-7443  
(Disabilities Rights Network) Information only—For special education info please call Disability Rights Network)

**Juvenile Law Center** 215-625-0551 [info@jlc.org](mailto:info@jlc.org) Non –profit law firm advocating for the rights of children involved in government agencies such as foster care.

**Community Legal Services/Philadelphia Legal Assistance** FREE legal help at locations (Spanish spoken too)  
718 Arch Street 215-981-3800/ 1424 Chestnut Street 215-981-3700/ 1410 West Erie Ave 215-227-2400. Each site has different specialties, not all sites provide the same services, call first!

**PILCOP Public Interest Law Center**                      215-627-7100      [www.pilcop.org](http://www.pilcop.org)      [general@pilcop.org](mailto:general@pilcop.org)

**PA Client Assistance Program** [www.equaliemployment.org](http://www.equaliemployment.org) 888-745-2357 contact Julia Blackwell  
[Julia@equalemployment.org](mailto:Julia@equalemployment.org) FREE help for people with disabilities over the age of 14 to connect to and collaborate with OVR (Office of Vocational Rehab). Guidance and navigation for people with disabilities on independent living options.

**Grand Central, Inc. Kinship Care Resource Center** [www.grandcentralinc.org](http://www.grandcentralinc.org) 215-557-1554 Chartan Nelson, Director,  
[char1211@aol.com](mailto:char1211@aol.com) FREE! Support for any relative caring for another's child, great legal assistance. Located at 1211 Chestnut Street, Suite 200, PA 19107.

**Support Center for Child Advocates** provides free legal assistance and social service advocacy for children in the DHS or court systems . <http://sccalaw.org/who-we-are/>   [frontdesk@sccalaw.org](mailto:frontdesk@sccalaw.org)

**Philadelphia School District Refugee and Immigrant Toolkit** (for professionals in English only )  
<http://mailimages.philasd.org/pub/Immigrant-Refugee-Toolkit.pdf>

## **Science and Treatment**

What does the science say about Autism? How can I find out what's REAL science and not hype? How can my family participate in Autism research in my community? What are the treatments for Autism that have REAL science behind them?

**The Official MCHAT Website:** [www.mchatscreen.com](http://www.mchatscreen.com)

A brief screening tool that can be used to determine whether a child may be at-risk for autism and need further testing. The MCHAT is FREE and is available in over 30 languages it can be used for children as young as 6 months.

**Autism Navigator Video Glossary** shows many short videos of children at various ages with and without Autism. Also shows what various therapies look like. FREE but signing up is required first:

<http://resources.autismnavigator.com/asdglossary/#/section/43/gettingStarted>

**Kennedy Krieger Institute – Early Signs of Autism Videos**

<http://www.kennedykrieger.org/overview/news/online-video-to-help-physicians-parents-recognize-early-signs-of-autism> Professional training series showing 1-4 year-old children with and without autism.

**First Words Project of Florida State University** <http://firstwords.fsu.edu>

Provides an early diagnosis tool called the Infant Toddler Checklist for children 6-24 months old. Available in **Spanish, Portuguese and French!**

**Autism Now** [www.autismnow.org](http://www.autismnow.org) Comprehensive information about what Autism is as well as how to get help, therapy and support. **Available in Chinese, Spanish, Filipino, Russian, Vietnamese and Korean !**

**OAR(Organization for Autism Research)** [www.researchautism.org/](http://www.researchautism.org/) Resources for families and professionals about Autism throughout the lifespan including information for families in the Military. Many items available in Spanish!

**A. J. Drexel Autism Institute** [www.drexel.edu/autisminstitute](http://www.drexel.edu/autisminstitute) Families can explore opportunities to participate in local research or get answers to questions about Autism 215-571-3401. Also see their clinical services for consultation about anything related to Autism : <http://drexel.edu/autisminstitute/education-training/clinical-consultation/Autism%20Services/>

**CAR: The Center for Autism Research at CHOP** [www.centerforautismresearch.com](http://www.centerforautismresearch.com)

CAR offers a free research lectures and they can also help families and individuals living with Autism to link to research. Also the amazing Autism Road Map, where you can find many great resources on Treatment methods and what the research says about Autism: <https://carautismroadmap.org/>

**Association for the Science of Autism Treatment** [www.asatonline.org](http://www.asatonline.org)

Describes autism treatment methods and the research and evidence behind them. Great vaccination info!

**Center for Disease Control:** <http://www.cdc.gov/ncbddd/actearly/act/class.html> ~ Videos and info for professionals and parents to recognize and treat Autism as early as possible. Answers questions including “Is autism on the rise?”, “What are my chances of having a second child with autism?”

<https://www.cdc.gov/vaccinesafety/concerns/index.html> reviews common myths related to vaccines

**Autism Watch:** [www.autism-watch.org](http://www.autism-watch.org) A website that explains the risks and benefits of treatments and therapies for Autism.

**Autism Society** : [www.autism-society.org](http://www.autism-society.org) Reviews many questions families have about the causes and treatments of Autism. Offers information in **Spanish**.

## **Philadelphia Family Supports and Groups**

### **AUTISM “Warm” LINES**

**Autism Society of America/Philadelphia:** 610-358-5256

**ASERT**(Autism Services Education, Resource and Training) **Resource Specialist:** 877-231-4244 [info@paautism.org](mailto:info@paautism.org)

**Autism Speaks Autism Response:** 888-288-4762

## **Autism Specific Supports and Groups**

**Philadelphia Autism Project Support Group Map and Calendar!!**, find (or list) a group in your neighborhood!

<http://www.paautism.org/phillyautismproject/Support-Groups-Map> (many new groups added this year!)

Email : [PhillyAP@drexel.edu](mailto:PhillyAP@drexel.edu) for any questions

**Child Guidance Resource Center Parent’s Group.** FREE monthly support and information at 2901 Island Ave 19153

Contact Ms. Shari Sims [ssims@cgrc.org](mailto:ssims@cgrc.org) 267-713-4100.

**Philly Autism** [www.phillyautism.webs.com](http://www.phillyautism.webs.com) Lisbeth Little: 215-850-4197 [phillyautism@gmail.com](mailto:phillyautism@gmail.com)

FREE! Online local support group for families with children of all ages with autism, occasional meet ups.

 <https://www.facebook.com/groups/phillyautism#!/groups/neffas/>

**Family Resource Coordinator at NET PACE:** Icylee Basketbill [icylee.basketbill@net-centers.org](mailto:icylee.basketbill@net-centers.org) 215-278-5517. Open help and monthly trainings and groups for all! FREE!

**Surviving and Thriving After Diagnosis:** [www.survivingthriving.com](http://www.survivingthriving.com) Sonia Voynow 215-247-5832

Groups for parents and grandparents! Moderately priced workshops for families who have newly diagnosed children.

**ASA Philly:** [https://www.facebook.com/ASAPhilly/?ref=br\\_rs](https://www.facebook.com/ASAPhilly/?ref=br_rs)

**CAN (Community Autism Network)** <https://www.cancenter.org/> information, trainings and activities, many are FREE  
[communityautismnetwork@gmail.com](mailto:communityautismnetwork@gmail.com) Grass roots Philadelphia-based supports including respite.

Kharrin Sadler 215-715-3589

**SPIN’s Philadelphia Autism Center of Excellence Caregiver Connection** is free and open to all. Please contact them for more information or check out their Facebook page. 215-612-7625

**Spectra Solutions** <https://www.spectrapa.com/events---sign-up-1.html> Although in Broomall, this special agency offers many free support groups and trainings for families and young adults regardless of where they live. Open to the public,

**Kaleidoscope Family Solutions:** [www.kfamilyolutions.org](http://www.kfamilyolutions.org), offers free support groups for families open to the public. Bryn Mawr, but accessible via public transportation. Focus on young adults to adults with special needs.

**ASCEND** [www.ascendgroup.org](http://www.ascendgroup.org) 610-449-6776 [info@ascendgroup.org](mailto:info@ascendgroup.org) <http://www.meetup.com/autism-414/>  
Support for families of children with Autism. Find out about meet –up groups that are ongoing. You are not alone!

**Jaden’s Voice** [www.jadensvoice.org](http://www.jadensvoice.org) information, activities, and community

**Spectrum Parents Group** FREE! For caregivers in Holland PA. [info@sostherapysolutions.com](mailto:info@sostherapysolutions.com) hosted by Ilona Naroditsky

**Ruttenberg Center:** Free monthly parent discussions, support and information. [www.ruttenberg.com/](http://www.ruttenberg.com/)

**Child and Family Art Therapy Ctr/ Mike Fogel** Free monthly trainings <http://childandfamilyarttherapycenter.com/>

[www.snagglebox.com](http://www.snagglebox.com) free download **The Awesomely Big List of Ways to Help Parents of Autistic Kids**



## **Additional Special Needs Family Supports and Groups**

### **Philadelphia Interagency Coordinating Council (PICC) for families with children ages 0-5**

For families of children under age 5 with disabilities offering support, information, trainings, special events  
267-294-6065 [www.philadelphiaicc.org](http://www.philadelphiaicc.org) [philadelphiaicc@yahoo.com](mailto:philadelphiaicc@yahoo.com)

### **Parent to Parent [www.parenttoparent.org](http://www.parenttoparent.org) 1888-727-2700 / Special Kids Network (800-986-4550)**

Connecting parents who have children with similar disabilities within their community, a great resource for families who feel alone and can't get out. Services available in Spanish and Chinese!!!

### **Elwyn Parent Partners [www.elwyn.org/program/seeds](http://www.elwyn.org/program/seeds) 215-222-4181**

Parents who have children in the Childlink or Elwyn system (0-5 years old) who provide supports and resources

### **The Arc of Philadelphia 2350 W. Westmoreland St., 19140 215-229-4550 [www.arcpddc.org](http://www.arcpddc.org)**

Various groups for families and people with disabilities, see website for more info.

### **Families CCAN (Creating Communities for Adults with Special Needs): 215-280-2758**

<http://www.familiesccanphilly.org/>

**Visual Impairments and Parenting Workshops!** The Library for the Blind hosts workshops for both Caregivers/Parents of Children who are Blind/Visually Impaired as well as for Parents/Caregivers who are Blind/Visually impaired themselves. For more info contact Ruth Rivera 215-496-7980 [info@ecparenting.org](mailto:info@ecparenting.org)

### **T21 Club of the Delaware Valley (Down Syndrome Support) [www.t21clubofthedelawarevalley.org](http://www.t21clubofthedelawarevalley.org)**

**CBH** 215-413-3100 has listings for community groups for parents needing support for a child's behavior or other mental health needs. See their fabulous website: <http://healthymindsphilly.org/resources> or contact Melodie Jackson at [melodie.jackson@phila.gov](mailto:melodie.jackson@phila.gov) 267-602-2293

**Nancy's House:** <http://www.nancys-house.org/> 215.885.0753 Very affordable 1 and 3 day retreats that meet the physical, emotional and practical needs of family caregivers, see website for details.

## **Kinship Specific Support**

**Grand Central, Inc. Kinship Care Resource Center [www.grandcentralinc.org](http://www.grandcentralinc.org) 215-557-1554** Chartan Nelson, Director, [char1211@aol.com](mailto:char1211@aol.com) FREE! Support for any relative caring for another's child, great legal assistance. Also has a support groups and events for holidays! Located at 1211 Chestnut Street, Suite 200, PA 19107.

### **Grand Family Resource Center at SOWN(Supportive Older Women's Network) [www.sown.org](http://www.sown.org)**

FREE! Provides educational counseling, information/referral, and supportive services to grandparents raising families. Group, one on one, and phone support available. 215-487-3000. Located at 4100 Main St., 19127.

### **Turning Points for Children: Kinship Care Program ("Kids n Kin") 215-875-4961**

Support and case management for relatives caring for children with special needs.

**Pennsylvania Sibling Support Network [www.pssn.org](http://www.pssn.org)** Contact Andrea Powell [unstoppableandrea@gmail.com](mailto:unstoppableandrea@gmail.com) 215-205-7628 Generally this group tends to focus on the needs of siblings who are adults managing the care of their family member who has a disability. They provide groups, advocacy and other services.

## **Sibling Specific Supports and Groups**

**CHOP Sibshops** groups for all types of disabilities. Contact Sarah Dzeidzic 215-590-7840/Jessica Mono 267-426-2329.

**SPIN/PACE** has a sibling group at times. Please reach out to Megan Riley at [mriley@spininc.org](mailto:mriley@spininc.org) 215-251-8588

**Kinney Center Sibshops at SJU**

Sibling support groups – autism specific. Contact Theresa McFalls [tmacfalls@sju.edu](mailto:tmacfalls@sju.edu) or 610-660-2183. Fee\*

**PA Sibling Support Network, Inc.** [www.passn.org](http://www.passn.org) (more focused on adults who are siblings of people with special needs.)

**Melmark** sibling supports for all disabilities. Contact Suzanne Muench, [suzannemuench@melmark.org](mailto:suzannemuench@melmark.org) 610-325-2937

**JAFCO** offers FREE sibling support groups, contact info: [rebecca@jsfco.org](mailto:rebecca@jsfco.org) 610-525-1040

**www.AutismSiblings.org** -- Offers on- line support and information for kids and families.

**Autism Speaks Toolkit, A Sibling's Guide to Autism**

[https://www.autismspeaks.org/sites/default/files/a\\_siblings\\_guide\\_to\\_autism.pdf](https://www.autismspeaks.org/sites/default/files/a_siblings_guide_to_autism.pdf)

**Sesame Street:** <http://autism.sesamestreet.org/>

## **SUPPORTS FOR IMMIGRANT AND REFUGEE FAMILIES**

**The School District of Philadelphia's "Immigrant and Refugee Toolkit"** vital information about education, mental health and legal needs <http://mailimages.philasd.org/pub/Immigrant-Refugee-Toolkit.pdf>

**The School District of Philadelphia Summer Program Guide:** multilingual immigrant programs for all ages....and more!  
<http://webgui.phila.k12.pa.us/offices/s/summer-programs>

**Nationalities Service Center** 1216 Arch Street, 4<sup>th</sup> Floor. 215-893-8400 [help@nscphila.org](mailto:help@nscphila.org) FREE systems navigation supports for families needing help with a variety of needs, part of the Philadelphia Refugee Health Collaborative.  
<https://nscphila.org/promoting-health-and-wellness>

**DBHIDS Office of Immigrant and Language Access Services** <https://dbhids.org/Immigrant-Affairs> Director: Sarorng Sorn Office: 215-685-5454, mobile: 267-582-8017 [sarorng.sorn@phila.gov](mailto:sarorng.sorn@phila.gov)

**Mil Mujeres.org** Resources related to immigration rights for dealing with ICE <https://www.milmujeres.org/resources>

## **Supports for African Families**

**AFRICOM-Philly** <http://www.africom-philly.org/> 5133 Baltimore Avenue 19143 215-667-8853  
The Coalition of African and Caribbean Communities. Many languages spoken here!!  
Health, social services, immigration, legal assistance, housing, employment, case management

**AFAHO** <http://www.afaho.net/> African Family Health Organization 4415 Chestnut Street 19104 215-546-1232  
Health and social services, programs for new moms and children and teens. social services. Immigration support, DV support,, ESL, employment skills, case management, medical appointments, community meetings, workshops. Many languages spoken here! Just call!

**TAMAA: Support for African Immigrant Families (of CCTC)**  
Free! Contact Mr. Lanfia Waritay, Team Leader 215-496-0707, ext 1500 or [lanfia.waritay@cctckids.org](mailto:lanfia.waritay@cctckids.org)

## **Supports for Latino Families**

**La Línea de ayuda en español en todos los aspectos de Educación Especial:** Saraiadeliz Marchant  
Statewide Spanish Special Education Info Hotline for Parents: 877-983-7627 [smarchant@huneinc.org](mailto:smarchant@huneinc.org)

**Autismo Para Familias Latinas** video about Autism myths in Latino community....video sobre los mitos  
<http://www.paautism.org/phillyautismproject/About-the-Project/Project-Highlights/Video-Gallery>

**HUNE (Hispanos Unidos Para Niños Excepcionals)** [www.huneinc.org](http://www.huneinc.org) 215-425-6203  
Advocacy, information, support for Latino families with children with disabilities FREE! 2215 N. American St, 19133

**Sociedad Americana de Autismo/Filadelfia** 24 horas de informacion y linea telefonica de apoyo 610-358-5256  
<http://www.autism-society.org/en-espanol/>

**La Puerta Abierta** Multiple sites in Philadelphia Contact: 610-745-1952 <http://icfamwell.org/>  
Free family counseling for undocumented and uninsured Spanish families.

**Programa Asociacion de Padres de Elwyn** –linea telefonica 215-222-8141 para apoyar y orientar a las familias.

**Monarch House/ Casa Monarca** <http://casamonarca.org/> 215-253-3033 1448 S. 17th. Street, 19148.  
Afterschool programs and advocacy for Latino families, as well as playgroups for children and their parents.

**CCTC Abriendo Caminos** 215-496-0707, ext 1152 Serving the Mexican community behavioral support and psychological services. <http://cctckids.org/programs-services/in-the-community/abriendo-caminos/>

**El Centro Estatal de Recursos de ASERT** le facilita a las familias, individuos con autismo y profesionales 877-231-4244  
[ASERTespanol@PAautism.org](mailto:ASERTespanol@PAautism.org)  
<http://www.paautism.org/Search-Results/Search-Results?searching=spanish>

**Puentes de Salud Health and Wellness Center** 1700 South Street 19146 215-454-8000. <http://www.puentesdesalud.org/>

**PEAL Center** Ana Pacheco 866-950-1040 [apacheco@pealcenter.org](mailto:apacheco@pealcenter.org) [www.pealcenter.org](http://www.pealcenter.org)  
Information, parent support and technical assistance for people with disabilities and special healthcare needs.

**PIN of PA** (Mental Health Association of Southeastern PA) llame Michelle Sanchez 267-507-3869 [msanchez@mhasp.org](mailto:msanchez@mhasp.org)

**First Words Project** <http://firstwordproject.com/resources/> offering many wonderful resources about child development in Spanish.

**COMHAR Latino Treatment Program** 2600 N. American Street 19133 Walk ins welcome 215-739-2669

**smallWORLDspecialneeds.org** <https://smallworldspecialneeds.org/category/videos-and-tip-sheets/>  
*Un sitio web con videos e información en español sobre cómo ayudar a su hijo.*

## **Supports for Asian Families**

**Asian Family Health Resource** Contact Kathy Houg at Chinatown Medical Center 215-271-4286

Workshops, parent support, information and advocacy...find us on Facebook or We Chat:

需要加入“ASD父母互助群”的朋友，可以加我微信。微信号：mandylin323, 并注明“互助群”。谢谢！

### **Hall Mercer Outpatient Mental Health**

Chinese (Mandarin) child psychiatrist, Dr. Zheya (“Jenny”) Yu - 215-829-5554. Case management for Families with are Mandarin and Fujianese speaking with children with Mental Health needs.

Adult Case management available in Cambodian (Khmer), Laotian, Fujinese, Vietnamese and Cantonese. Contact Helen Lu at 215-829-5529. Located at 8<sup>th</sup> and Spruce St, 19107.

### **Intercultural Family Services** [ifs@ifsinc.org](mailto:ifs@ifsinc.org) or contact [Jack.trieu@ifsinc.org](mailto:Jack.trieu@ifsinc.org)

Home, community based case management and outpatient mental health services. 4225 Chestnut Street 19104, (215)-386-8490 or 2317 South 23rd Street 19145, (215)-468-4673.

### **Warren E. Smith Outpatient Mental Health**

Vietnamese case manager and Vietnamese/Chinese family therapist who sees adults and families (does not diagnose or see children separately). Located at: 2514 North Broad Street, 215-599-8911

**The Wedge**: 1939 South Juniper Street, 19148 Counseling and therapy available in Vietnamese and Khmer (Cambodian) 215-329-3200/ 215-271-5822

### **Cambodian Association of Greater Philadelphia** [cagp.org/programs.html](http://cagp.org/programs.html)

Supports, resources, case management, after school, summer camp and parent enrichment programs.

2416 South 7th Street 19148/ 215-389-0748 5412 North 5th Street, 19120/ 215-324-4070

### **Jaisohn Center** [www.jaisohn.org](http://www.jaisohn.org) 215-224-2000

Multiservice center for Korean families offering medical and family support. Located at 6705 Old York Rd. 19126.

### **Chinese Health Information Center at Jefferson Hospital** 215-955-8282

Assist, guide, support Southeast Asia immigrant families obtain health insurance.

**Autism for Asian families VIDEO!** In Chinese, Vietnamese, Japanese, Korean, Khmer (Cambodian), Nepali, Indonesian and English. <http://www.paaautism.org/phillyautismproject/About-the-Project/Project-Highlights/Video-Gallery>

**smallWORLDspecialneeds.org** had information and videos in Chinese, Vietnamese and Nepali

<https://smallworldspecialneeds.org/2016/10/06/no-words-use-pictures/>

**SPIRAL** Health Care Information website in a variety of Asian languages: Asian <http://spiral.tufts.edu/>

## Supports for Adults with Autism

**Bureau of Autism Services, Office of Developmental Programs, PA Department of Human Services** [www.aautisminpa.org](http://www.aautisminpa.org)  
Resources and programs for adults with Autism including the Adult Autism Waiver and more. 866-539-7689

**Next Steps Trainings from CHOP** <http://www.centerforautismresearch.com/community/training/>  
Low cost 1-day workshops: Next Steps Into Adolescence. Workshops are intended for family and professionals.

**Philadelphia Autism Project** <http://www.paautism.org/phillyautismproject/Resources> offering many local resources for young people and adults with Autism and their families. Contact [phillyap@drexel.edu](mailto:phillyap@drexel.edu) or Mimi Wong at 215-571-3209

**Families Of Adults Autism-ASaphilly** Yahoo group for the Philly area for families of adults (age 17 and up) with Autism Spectrum Disorder. This is a forum to learn about the needs of adults with Autism, and other related neurological disorders. <http://health.groups.yahoo.com/group/FamiliesOfAdultsAutism-ASaphilly/>

**Families CCAN (Creating Communities for Adults with Special Needs):** 215-280-2758  
<http://www.familiesccanphilly.org/>

**GRASP Philadelphia (Global and Regional Asperger's Syndrome Partnership)** <http://www.grasp.org/>  
Members range in age from 18 to 65 plus. Group meets monthly at the Easttown Library in Berwyn, PA  
[http://health.groups.yahoo.com/group/GRASP\\_Philadelphia\\_PA/](http://health.groups.yahoo.com/group/GRASP_Philadelphia_PA/)

Drexel Autism Institute Transition Pathways assisting young adults to develop employment opportunities.  
<http://drexel.edu/autisminstitute/research-projects/projects/Transition-Pathways/Project-SEARCH/>

[www.wrongplanet.net](http://www.wrongplanet.net) - a online forum for adults, parents and professionals with Autism and ADHD

**ASCEND** <https://www.ascendgroup.org/> Weekly activities for young adults with ASD to do things together in Philadelphia and surrounding counties. Meet Ups.

**Healthy Relationships and Sexuality Group**  
Ages 18 and up with ASD who are looking for meaningful social relationships. Fee. Contact Abby Connor at 215-498-1420 or [CFcounselingconnections@gmail.com](mailto:CFcounselingconnections@gmail.com)

**PA Client Assistance Program** [www.equalemployment.org](http://www.equalemployment.org) 888-745-2357 contact Julia Blackwell  
[Julia@equalemployment.org](mailto:Julia@equalemployment.org) FREE help for people with disabilities over the age of 14 to connect with OVR (Office of Vocational Rehab. Guidance and navigation for people with disabilities on independent living options.

**Think College:** <http://www.thinkcollege.net/> College options for people with intellectual disabilities.

### Intellectual DisAbilities Services (IDS)

(Formerly Mental Retardation Services/MR services)

<http://dbhids.org/providers-seeking-information/intellectual-disability-services-ids/> (215) 685-5900

*IDS provides services include Supports Coordination, for those with a diagnosis of Intellectual Disability, or a 50% delay in cognition, or an IQ score of 70 or below. If a child qualifies, s/he is eligible for "waiver" Funds. A family must apply on behalf of their child through the Central Office intake number PRIOR age 21.*

**IF YOU ARE NEEDING GUIDANCE YOU CAN ALSO CALL 215-829-5709**

**If you are a parent or family member of a person needing IDS services PLEASE REGISTER THE PERSON PRIOR TO THEIR 21<sup>ST</sup> BIRTHDAY, OTHERWISE THEY MAY NOT QUALIFY FOR SERVICES.**

## **Sexuality and Relationships**

**Philadelphia Children's Alliance** <http://www.philachildrensalliance.org/> 215-387-9500

Philadelphia's FREE resource for concerns about sexually abused children or seeking information on the subject.

**HEART** (Health Education and Relationships through Theater) Healthy relationships program for teens with developmental or intellectual disabilities. Safe place to gain sexual health knowledge and develop positive communication skills. Contact us at 1.844.972.5672 [HEARTstudy@phmc.org](mailto:HEARTstudy@phmc.org).

**Social Signals** <https://socialsignalled.com>

A resource developed to help families, educators and clinicians learn how to teach adolescents with ASD about appropriately developing and managing relationships; including sexuality, phone and internet issues. Created by Nancy Nowell (215-836-1111/[nknowell@gmail.com](mailto:nknowell@gmail.com)) : trainings for schools and agencies focusing on relationship concerns.

**Temple Institute on Disabilities** [www.disabilities.temple.edu](http://www.disabilities.temple.edu) Free trainings on a about sexuality, parent advocacy, criminal justice and disabilities, sexual health concerns Beverly Frantz [bfrantz@temple.edu](mailto:bfrantz@temple.edu)

**Healthy Relationships and Sexuality Counselors for people with Special Needs and their families:**

Child Guidance Resource Center -267-713-4100. Located at 2901 Island Ave, 19153

**CF Counseling Connections:** Ages 18 and up with ASD who are looking for meaningful social relationships. Fee. Contact Abby Connor at 215-498-1420 or [CFcounselingconnections@gmail.com](mailto:CFcounselingconnections@gmail.com)

Tiffini Lanza, LCSW, M.Ed. Sexuality and Behavior Consultant [tiffini.lanza@gmail.com](mailto:tiffini.lanza@gmail.com) 215-272-6837

**Autism Risk Management** <http://www.autismriskmanagement.com/>

This website, of Dennis Debbaudt, is a leader in autism training for law enforcement and emergency responders. Many free downloads including the Autism Emergency Contact form. Available in Spanish, Chinese and Arabic.

[www.stopitnow.org](http://www.stopitnow.org) Information and guidance about age-appropriate sexual behaviors, listing warnings signs for concerning behaviors. Information for all ages of development.

**CHOP Gender and Sexuality Development Clinic** 215-590-3537. Offering medical and psychosocial support for children and families up to the age of 21.



## **Respite – “A PLACE FOR A BREAK!”**

### **Crisis Nurseries and Respite Services** [ysiphilly.org](http://ysiphilly.org)

The Sally Watson Center: 5128 Wayne Avenue (Germantown) (215) 844-6931

Offers FREE respite services for families Monday-Friday, 7am-5:45pm for ages 0-5. Families must call intake and have proof of child's immunizations prior to beginning respite services.

Baring House: 3401 Baring Street (West Philly) (215) 386-0251

**FREE 24-hour** emergency respite care for children ages 0-5. Telephone intake process includes proof of your child's immunizations prior to beginning respite services.

### **Home Health Aides and Nursing Services**

In some cases where a child with autism has other medical issues or skilled nursing needs **and the parent works**, some families have been may obtain home health aide services from a home-nursing agency. Agencies listed below:

Bayada Nursing: 215-988-9006 [bayada.com](http://bayada.com)

LovingCare 610-668-3333 [www.lovingcareagency.com](http://www.lovingcareagency.com)

Visiting Nurse Group: 215-829-8888 [visitingnursegroup.com](http://visitingnursegroup.com)

Pediatric: 215-376-6576 <http://www.pediatrickids.com/>

Caregivers America: 866-586-4394 [caregiversamerica.com](http://caregiversamerica.com)

Lincoln HealthCare 484-406-5000

Marscare: 215-763-3992 [www.marscare.com](http://www.marscare.com)

***IN SOME CASES A PARENT OR FAMILY MEMBER CAN ALSO BE THE PAID HOME HEALTH AID FOR THAT CHILD HOWEVER THIS IS ON A CASE BY CASE BASIS AND WOULD NEED TO BE EXPLORED WITH THE CHILD'S HEALTH INSURANCE AND A HOME NURSING AGENCY. IF A DISABLED PERSON IS OVER THE AGE OF 18 AND RECEIVES "WAIVER" FUNDING IT IS POSSIBLE FOR A FAMILY MEMBER TO BE PAID AS A CAREGIVER.***

**CAN (Community Auction Network)** \$15/hour, In-home, 3 hour minimum. Contact Kharrin Sadler 215-715-3589 or email [communityautismnetwork@gmail.com](mailto:communityautismnetwork@gmail.com) <https://www.cancenter.org/>

**So Love Autistic Center for Childcare** (Drexel Hill, PA) 610-446-3680 [www.solovecenter.org](http://www.solovecenter.org), accepts CCIS! Follows the Early Start Denver Model and other behaviorally based strategies.

### **The Variety Club: Weekend Retreats** [www.varietyphila.org](http://www.varietyphila.org)

Ages 7 to 21 at the Variety Camp & Developmental Center in Norriton, PA.. An interview is scheduled to determine if the resources at Variety meet your child's needs. A non-refundable fee of \$100.00 is due upon acceptance to the program. Application and forms are available on the website or call 610-584-4366.

### **Family Friends Program at Temple University** [www.templeigc.org/Family-Friends](http://www.templeigc.org/Family-Friends)

Free! Matching older adult volunteers who provide in-home companionship and respite to children with special needs. This is a part time program that provides breaks for families via respite trips. Call 215-204-3199.

### **St. Joseph's University Kinney Center for Autism** [www.kinnevaautism.sju.edu](http://www.kinnevaautism.sju.edu)

"Family Night Out", one Saturday/month, \$50.00 for three hours. Runs at the same time on the SibShop. Fun activities in a safe and structured environment. Located at: 5600 City Avenue, 19131. Call 610-660-2170.

### **The Friendship Circle - "Friends at Home"** [www.phillyfriendship.com](http://www.phillyfriendship.com)

Weekly in-home respite by teen volunteers who are matched with Jewish families with children with special needs. Parent must remain at home during the volunteer's time. FREE. Call 215-574-1765.

### **Philadelphia Department of Behavioral Health** <http://dbhids.org/children-s-services/respite/> 215-685-4746

For children ages 6-15. **Child must be receiving services from CBH and child must have Medical Assistance.**

Saturday afternoon Respite and Boys and Girls Club Spring and Winter Break programs or \$300 mini-grant for a trusted friend or relative who can provide respite.

### **Jewish Family & Children's Service** [www.jfcsphilly.org](http://www.jfcsphilly.org)

Direct Care Service – will assist with accompanying individuals to appointments and social events, driving to and from appointments and therapies, respite, companionship, errands, and socialization. Open to whole community regardless of religion. Ages 10 and up. \$24/hour. Lisa Ney: [lney@jfcsphilly.org](mailto:lney@jfcsphilly.org)/267-256-2269. 10125 Verree Road, Phila, 19116

**Nancy's House:** <http://www.nancys-house.org/> 215.885.0753 Very affordable 1 and 3 day retreats that meet the physical, emotional and practical needs of family caregivers, see website for details.

## ***\*Get out and have fun!!\****

### **Recreation and Community Activities**

**Lets Go Outdoors!** [www.letsgooutdoors.net](http://www.letsgooutdoors.net) 866-875-3595 [registration@letsgooutdoors.net](mailto:registration@letsgooutdoors.net) Philadelphia's leader in providing convenient, fun, outdoor themed experiences for families, schools, individuals and organizations, especially in urban communities. They offer FREE monthly therapy-style programs for special needs children and their families. These sessions focus on improving language, sensory and social skills. Connecting City Communities to Outdoor Experiences!

#### **Tops Soccer/Topsports**

FREE sports and recreations opportunities including bowling for children with special needs. Call Steve Milligan at 215.579.2656 or email [sa.milligan@verizon.net](mailto:sa.milligan@verizon.net). (Best through email)

**Holy Terror Stars** [www.holyterrorstars.webs.com](http://www.holyterrorstars.webs.com) All seasons - no age limit. FREE. NEW: teen basketball!

Weekly sports, including bowling for children significant special need. Lots of additional activities such as holiday parties. Northeast Philadelphia at New Foundations Charter School (Rhawn and Torresdale) and surrounding area. Contact: Cyndi Hinchey at 215-331-9876 [cyndistars@verizon.net](mailto:cyndistars@verizon.net) or Aimee Boothman at 215-847-4422/[alrb1021@aol.com](mailto:alrb1021@aol.com).

**Fox Chases Champions** [www.foxchasechampions.com](http://www.foxchasechampions.com)

FREE Special needs sports organization including indoor/outdoor soccer, bowling and baseball in the Northeast. Contact Matt McDonald 215-745-2785 or email [info@foxchasechampions.com](mailto:info@foxchasechampions.com).

**Pilly Autism Lego Club:** Torresdale Library 3079 Holme Ave 19136 FREE, contact to find out schedule and sign up for this group. <https://www.facebook.com/groups/phillyautism/> Lisbeth Little 215-850-4197 [phillyautism@gmail.com](mailto:phillyautism@gmail.com)

**PEEA Project Elijah Empowering Autism** <http://www.peea.org/> FREE! Autism information and Community outings for children with Autism and their families to fun events like basketball games, bowling and roller skating. Sensory friendly fun for the whole family. Contact Eric Williams, Sr. at 267-258-8687 or [Elijah@peea.org](mailto:Elijah@peea.org)

**Special Olympics PA** [www.sopaphilly.org](http://www.sopaphilly.org) 215-671-5063 Contact Chase Trimmer [ctrimmer@specialolympicspa.org](mailto:ctrimmer@specialolympicspa.org)  
Young Athletes Sports program for children 2-7 with special needs at many neighborhood YMCAs. FREE!

**ACCESS SPORTS Experiences:** <http://www.accesssportsexperiences.org/who-we-are.php> provides both participatory and spectating experiences related to sports in the Philadelphia area for at-risk and special needs populations.

**Free Library of Philadelphia** <https://libwww.freelibrary.org/programs/kids/events.cfm> Many FREE adapted programs for kids with special needs throughout the year, including sensory friendly story time, Lego groups, therapy dog time and Minecraft, call 215-685-5322 or check the website for location/hours.

**Art-Reach Museum Partners** [www.art-reach.org](http://www.art-reach.org) ACCESS to museums and facilities (Please Touch, Franklin Institute, Morris Arboretum, Academy of Natural Sciences, ...etc) for families with an ACCESS card. 1 ACCESS card admits up to four family members at a rate of \$2 per person. (sadly the Zoo is not participating in this). Check website for all facilities!

**Penn Speaks for Autism:** FREE! Tutoring, after school programs, monthly events in the community such as apple picking, bowling, mini-golf, care giver workshops, tennis lessons! Check out their website and sign up! [www.pennspeaksforautism.com](http://www.pennspeaksforautism.com)

**Smith Memorial Playground** [www.smithkidsplayplace.org](http://www.smithkidsplayplace.org)

FREE indoor playhouse located in Fairmount Park for children 5 and under, outdoor playground for children 10 and up with the famous "Giant Slide". Free story and craft hours. 215-765-4325

**Philadelphia Performances for Autism** <http://www.arlenhlusko.com/ppa/> FREE interactive classical music experiences for people with Autism and special needs throughout the area, see website for dates and places.

**Settlement Music School** [www.smsmusic.org](http://www.smsmusic.org) 215-320-2625

**Main Site:** 3745 Clarendon Avenue, 19114 Four Regional Sites:

Queen Village: 416 Queen Street 19147

Germantown: 6128 Germantown Avenue 19144

West Philadelphia: 4910 Wynnefield Ave 19131

Willow Grove: 318 Davisville Road 19090

## **Recreation and Community Activities Continued**

**Please Touch Museum:** <https://www.pleasetouchmuseum.org/>

"Play Without Boundaries" where the PTM is open early or late with free programming specifically for children with special needs and their families. Please check with PTM for dates.

**Community Autism Network:** Recreation and Community Activities. Free family events promoting inclusion and accommodations for individuals with ASD and their families. Kharrin Sadler 215-715-3589  
[communityautismnetwork@gmail.com](mailto:communityautismnetwork@gmail.com)

**Norcom Community Center** [www.nccfun.org](http://www.nccfun.org) 215-698-3060/ 215- 613-1070  
Offers year-round recreational activities for children with special needs. Located at 10980 Norcom Rd 19154

**Parent to Child** [www.parent2child.net](http://www.parent2child.net) Kathryn Snyder: 215-450-5271 or [kathrynsnyder@comcast.net](mailto:kathrynsnyder@comcast.net)  
This center offers art and music therapies to promote growth, development and social skills; parent training and sibling club. Sliding fee\*. 1226 South Broad Street 19146

**ASCEND** <https://www.ascendgroup.org/> Weekly free activities for young adults with ASD to do things together in Philadelphia and surrounding counties.

**Pegasus Riding Academy Inc:** 8297 Bustleton Ave, 19152. 215-742-1500 [www.pegasusridingacademy.com](http://www.pegasusridingacademy.com).

**Jewish Family and Children's Services** [www.jfcsphilly.org](http://www.jfcsphilly.org)  
Social skills groups for children, teens and adults open to everyone regardless of religion.  
Located at: 10125 Verree Road, Philadelphia 19116. Contact Lisa Ney at [lney@jfcsphilly.org](mailto:lney@jfcsphilly.org)/ (267)256-2269

**YMCA** [www.philaymca.org/](http://www.philaymca.org/)

**The YMCA now accepts some insurance to cover registration/monthly fee payments!!**

Programs are offered at all locations are for children of different ages with special needs. Programs and ages vary. This includes sports and recreation, swimming, daycare/childcare, after school programs, and summer camps. Fees do apply.  
Columbia North: 1400 N. Broad St. 19121, 215-235-6440      Roxborough: 7201 Ridge Ave 19128, 215-482-3900  
Christian St: 1724 Christian St. 19146 215-735-5800      West Philly: 5120 Chestnut Street 19139, 215-476-2700  
Northeast Family: 11088 Knights Rd., 19154, 215-632-1484

**Franklin Institute – Sensory Friendly Sunday's!**

Exhibits modified to provide a comfortable experience for people on the autism spectrum. Discounted rates for guests arriving between 8-930am. Contact Adrienne Kimball at 215-448-2195 for dates and more information.

**Philadelphia Airport Autism Access Program** [www.autismir.com](http://www.autismir.com)

This Program provides opportunities for children with autism and their families to become familiar with traveling through PHL, and includes Social Stories by Carol Gray and a simulated airport experience.

**We Rock the Spectrum Kids Gym**, Northeast Philadelphia, 215-632-9787 [www.werockthespectrumnortheastphilly.com](http://www.werockthespectrumnortheastphilly.com) Open 9-7 EVERY DAY....classes, playgroups, camp, parties, parent trainings, also in NJ! Find them on Facebook

**Variety Club Autism Resource Center** [www.varietyphila.org/serve/autism-initiative/](http://www.varietyphila.org/serve/autism-initiative/)

Recreational events for families including: Autism Day at Sesame Place, Please Touch Museum, and many other events all year long 215-735- 0803. **Variety Club Camp Center** Contact Jean Merkl at 610-584-4366.

**Saturday Arts Program:** ages 6-21. Art, dancing, music, and theater. Every Saturday from 9AM-3PM for 10 weeks

**Garden State Discovery Museum**

Free! Open to families with children with ASD. Opportunity to socialize in a safe and interactive environment. Call 856-424-1233 for more information.

**CAN (Community Autism Network)** <https://www.cancenter.org/> information, trainings and activities in the community, many are FREE [communityautismnetwork@gmail.com](mailto:communityautismnetwork@gmail.com) Grass roots Philadelphia-based supports including respite. Kharrin Sadler 215-715-3589

## Camps

### **Autism Centers of Excellence ("STAP" Programs):**

**SPIN** – 215-612-7625. Three locations: Northeast: 10521 Drummond Road 19154 / Frankford: 1642 Orthodox Street 19124 / Northwest: 6200 Crittenden Street 19138

**NET (Northeast Treatment Center)** – 215-238-1426 ext221. Located at 458 N Second St., 19123

**Child Guidance Resource Center** - 267-713-4100. Located at 2901 Island Ave, 19153

**The City of Philadelphia Summer Program Guide** Neighborhood Day Camps: 215-683-3600. Ages 5-12

<http://www.phila.gov/ParksandRecreation/programsandactivities/Pages/Camps.aspx>

**The School District of Philadelphia Summer Program Guide:** arts, immigrant programs, special needs, job training, and more!

<http://webgui.phila.k12.pa.us/offices/s/summer-programs>

**Norcom Community Center** 10980 Norcom Rd 19154 215- 613-1070 [www.nccfun.org](http://www.nccfun.org)

Inclusive camp for special needs and typical children ages 5-18. Children's activities: Maureen ext. 3077

**Variety Club Developmental Overnight Camp** 2950 Potshop Road, Worcester, PA 19490 610- 584-4366.

**Day Camp:** Youth with disabilities ages 5-21, siblings may attend too! Transportation available, but limited to a pick-up point in Northeast Philadelphia and Bucks County. FEE. **Overnight Camp:** (610) 584-4366. For youth w/ disabilities ages 7-21. Stay over from Sunday to the next Saturday. **Vocational Program-** Jean Merkl 610-584-4366 x1101. For youth w/ disabilities ages 14 & up. Summer program to learn job skills in work-related activities including landscaping, cooking, office duties, camp store, etc.

**Carousel House Special Needs Day Camp** [www.carouselhousepa.com](http://www.carouselhousepa.com) 215-685-0160/61/62

A 2-week camp for kids w/ disabilities ages 6-25. \$125 for both weeks w/ lunch included! Belmont Ave & N. Concourse in Fairmount Park.

**Madeline Moore Summer Camp Grant** <http://dbhids.org/summercamp> 215-685-4737

ONLY for children who are receiving CBH services. Provides up to \$400/ year for camp available through CBH.

**Destination Diversified Summer Camp** <http://dixonlearningacademy.org/general-information/summer-camp-destination-diversified/> in collaboration with Settlement Music House using project based learning to increase skills for all children. Infants to age 12, take CCIS funding. 3 sites in South Philly. 215-336-5505

**Dragonfly Forest** [www.dragonflyforest.org](http://www.dragonflyforest.org) 610-298-1820 Cost: \$50 deposit plus additional sliding camp fees.

Residential overnight camp for ages 7-14, in the Poconos. Also has the "Explorer" program for people with Autism ages 13-25 who need to focus on developing skills for transitioning to adulthood.

**We Rock the Spectrum Kids Gym**, Northeast Philadelphia, 215-632-9787 [www.werockthespectrumnortheastphilly.com](http://www.werockthespectrumnortheastphilly.com) Open 9-7 EVERY DAY....classes, playgroups, social skills groups, trainings, camp, parties Find them on Facebook

**YMCA** <http://www.philaymca.org/>

Columbia North:1400 N. Broad St. 19121, 215-235-6440 Roxborough:7201 Ridge Ave 19128215-482-3900

Christian St:1724 Christian St. 19146, 215-735-5800 West Philly:5120 Chestnut St. 19139, 215-476-2700

Northeast Family: 11088 Knights Rd., 19154, 215-632-1484

**St. Joseph's University Kinney Center for Autism** 610-660-2170/ <http://kinneyautism.sju.edu>

Summer camp for kids with Autism. Fills quickly-Get on their email list! Cost: \$20 deposit, \$1271-\$2317, 2week-5week options.

**West Phila. Parents of Autistic Children** Cost: \$125/w, includes t-shirt. 6050 Market St. (Accepts Madeline Moore grant and FDSS funds). Contact Roberta Bellamy 267-231-4120 or 215-472-2764 or [westphilapacs@gmail.com](mailto:westphilapacs@gmail.com)

**Camp Pegasus** located in Rosemont PA, near Villanova and Bryn Mawr. For 6-15 year olds. From 9 a.m -3 p.m. See website for prices and other info. [http://camppegasus.com/social\\_skills\\_day\\_camp](http://camppegasus.com/social_skills_day_camp) 610-649-1080

**Camp Courage** ages 7-12 with developmental delays in Quakertown PA Autism Support Center 215-453-5178

<http://www.pennfoundation.org/services-programs/mental-health-services/camp-courage.html>

## **Dentists**

### **Elwyn Special Needs Dental Clinic:**

All ages, all insurances. located at 4040 Market St. 215-895-5533

### **Cavity Busters:**

All ages, all insurances. 215-677-0380. Multiple sites throughout Philadelphia.

### **St. Christopher's Hospital for Children:**

All ages, all insurances. 215-427-5065

### **University Penn School of Medicine in affiliation with CHOP:**

240 S 40<sup>th</sup> St, 19104. Ages 1-12. 215-898-8979

### **Special Smiles at Episcopal Hospital:**

100 E Lehigh Ave 215-707-0575

Ages 8 and up. Medical Assistance only. Patient must require general anesthesia only. Must have a referral from a dentist.

## **HEARING AND VISION**

### **Hearing (Audiology) and Vision (Ophthalmology) Evaluations**

**CHOP:** No wait list, all ages, Insurance: MA and Private Insurance (no Health Partners!)

Hearing: 215-590-7100 Vision: 215-590-2791

**St. Chris:** ages 0 and up, MA and private

Hearing: 215-427-5469 (no wait) Vision: 215-427-8120 (3 month wait)

**DuPont/Jefferson** 833 Chestnut Street 19107 No wait, ages 0-21, Medical Assistance, Aetna, AmeriHealth, First Health, Health Partners, Keystone First, Independence Blue Cross (no United)

Hearing: 215-861-8830 no vision Dept., see Will's Eye.

**Einstein Hospital** 2 month wait, ages 5 and up, MA and private (except Aetna) **Vision** 215-456-7150

**Einstein Audiology** (NOT AFFILIATED WITH HOSPITAL) 3142 Knights Road Bensalem 19020 (MA and private) no wait, 5 years and up 215- 638-3677

**Temple Abington** hearing only, (Head and Neck Department). No wait, ages 0-18, all insurances except Aetna Better Health 215-707-3663, option 4

**Will's Eye** 877-289-4557

## **Safety and Car Seats**

**Safety Registry form for Philadelphia Police Department** Worried about a family member with special needs who may not be able to speak up for themselves. Fill out this form and either bring it to your local police precinct or send it to the main address listed on the form. <https://www.phillypolice.com/assets/forms-reports/PPD-ADARegistration.pdf>

**Safety Net** <https://safetynetbylojack.com/> 877-434-6384. There is a fee\*  
A sophisticated tracking system specially designed for people who wander and may be non-verbal.

**Autism Safety Project** [www.autismspeaks.org/family-services/autism-safety-project](http://www.autismspeaks.org/family-services/autism-safety-project) This program (through Autism Speaks) reviews many issues related to the safety of people with Autism including sexual abuse. Swimming and water safety scholarships fund.

**Autism Risk Management** [www.autismriskmanagement.com](http://www.autismriskmanagement.com) This website, of Dennis Debbaudt, is the leading global voice on autism training for law enforcement and emergency responders.

**The Children's Hospital of Philadelphia's - Community Car Seat Program @ the Kohl's Safety Center**  
<http://www.chop.edu/health-resources/child-safety-seat-program-chop> 267-426-5000 for more information.

**Car Seat Loan Program of Pennsylvania** [www.pakidstravelsafe.org](http://www.pakidstravelsafe.org) PA car seat loan program

**E-Z On Vest** <http://www.ezonpro.com> a large variety of safety products 1-800-323-6598

**Autism "Big Red Safety Box"** [www.nationalautismassociation.org/big-red-safety-box](http://www.nationalautismassociation.org/big-red-safety-box)  
This is a comprehensive guide to help families and caregivers understand how to adapt to a child's environment and community to assure they are safe. Information extends to wandering concerns, restraint and seclusion, bullying, and suicide prevention.

**ASERT** provides free trainings and information to Pennsylvania First Responders about Autism, including police, fire fighters, and EMS in addition they provide trainings to District Courts. Please contact 877-231-4244 or [info@paautism.org](mailto:info@paautism.org)  
<http://www.paautism.org/ASDSeminar/itemid/6755/First-Responder-Training>  
Justice Resource Collection: <http://www.paautism.org/resources/All-Resources/All-Resources-Details/itemid/7152/Justice-Resource-Collection>

**Fred's Footsteps** <http://fredsfootsteps.org/our-program/> grants that may be at times to pay for safety items such as fences, alarm systems and accessibility equipment or renovations. See website for more details.

## **Behavioral Support and CBH**

### **Community Behavioral Health (CBH)**

**801 Market Street, 7<sup>th</sup> Floor, 19107**

1-888-545-2600

[www.phila-bhs.org](http://www.phila-bhs.org)

Special Needs Unit: 215-413-7663

CBH is the mental health HMO for Philadelphians with Medical Assistance. CBH oversees many programs that private insurances do not pay for such as therapeutic preschools, Wrap-Around services and home-based family therapy. Families with private insurance can obtain Medical Assistance (in most cases) for their disabled child (called PA95, or “the MA loophole”). For more information on how to apply for Medical Assistance, see page 35.

### **What is Wrap Around?**

Wrap Around (aka: BHRS) is a behavioral health support service provided by a team that may consist of a Behavior Specialist Consultant (BSC), a Case Manager and a Therapeutic Support Staff (TSS) Worker paid for only through Medical Assistance. Families who have MA can contact a provider directly (many are listed on pages 4-7) or call CBH at the number above. *Wrap Around staff are not childcare staff, they must work with a child when a “responsible adult” is present, they do not participate in personal hygiene care such as changing diapers.*

**BCM (Blended Case Management)** A support for families who are having difficulty navigating systems, attending appointments, obtaining resources about getting supports for their child, or following through on treatment recommendations from school or a behavioral health provider. Often, a BCM acts as a liaison between school and home and can make BHRS services more effective by assisting with family engagement. BCMs can be for a child or an adult with a MH diagnosis such as Autism, ADHD, or Depression. This service is provided through the DBH/IDS Targeted Case Management referrals are preferred to come directly from the professional, NOT the family however it is imperative to have the family’s consent. For more info please call 215-599-2150 or see this website:

<http://dbhids.org/about/organization/office-of-mental-health/coordinated-consumer-services-ccs/targeted-case-management-tcm/>

### **Behavioral Health Services and Act 62**

Families with private insurance may be entitled to have behavioral services covered up to \$38,200/year. To qualify for Act 62 the private insurance must come from an agency that has 50 or more employees and is not “self-insured” or “ERISA”.

<http://www.dhs.state.pa.us/foradults/autismservices/paautisminsuranceact62/autisminsuranceactfactsheet/index.htm>

## **Medical Assistance and SSI**

### **MA for Children with a Disability – Known as PH95**

MA( Medical Assistance) is medical insurance that may cover things that your child’s primary insurance does not cover. If your child is disabled you may want to explore obtaining MA benefits for him/her.

### **What does MA pay for that my private insurance might not cover?**

**Wrap-Around Services**--Wrap-Around services provide some children with a mental health diagnosis home or school based behavioral supports and therapy and in some cases may also provide ABA therapy.

**Medical, Nursing and Home Health Aide Services**-- MA can pay for medical or therapy equipment, co-pays, deductibles, transportation to medical appointments, medical bills not covered by your insurance (from up to 3 months ago) and nursing services that are medically necessary.

**The Diaper Program**-- Diapers are paid for by MA when a child continues to need diapers after the age of 3 due to his/her special needs. See page 38.

***MA is a medical insurance program, it is NOT WELFARE. Once your child receives MA you will need to recertify his/her case annually, either over the phone or through the mail. If you already have private insurance you can keep it and in addition, obtain MA to supplement your child’s coverage.***

**Transportation to medical appointments** LogistiCare at 1-877-835-7412 [www.logisticare.com](http://www.logisticare.com)

The Medical Assistance Transportation program can provide rides or reimbursement for public transportation or car use for a parent and a child going to or from a medical appointment.

### **Medical Assistance Special Needs Coordinators:**

All health insurances have Coordinators available to assist children with special needs and their families to navigate systems more effectively. Call your insurance company to obtain this free service.



## How to Apply for Medical Assistance

### OPTION A:

Families can call the Child Healthwatch Helpline at PCCY at 215-563-5848 X 17. PCCY will take your information on the phone, gather documents from you by mail or email (dzubow@pccy.org) and send your application in for you. PCCY works often with families in Early Intervention and can follow up on any application if there is a problem.

OR

### OPTION B: ("DIY Version")

1. Call The "Healthy Kids Help Line" at 1-800-986-KIDS (5437) and ask to have a MA application sent to you (ask for application PA600HC) or download an application online at:

<http://www.dhs.state.pa.us/findaform/index.htm> and then type in PA 600 HC in the form # field

After completing the application, please write "**MA FOR DISABLED CHILD HANDBOOK SECTION 305 Appendix C95**" across the top of the form. This will alert the caseworker to consider the child for eligibility because of their disability.

2. **DOCUMENTATION!!!!** You will need to provide proof of the following items by providing copies.

The only proofs required by law are:

- proof of any income in the household, including income received in the child's name.
- proof of disability (medical or psychological evaluation written by a licensed clinician within the last 3 months)
- proof that you did apply for SSI and were rejected due to income (families who do not meet the poverty cut off for SSI, may obtain a ""letter of rejection" over the phone you do not have to GO to the SSA office)
- If the client is an immigrant they must provide immigration documents – such as "green cards"

**Our advocates at PCCY are aware that families may be asked for more documentation however if this is the case please contact PCCY's Child Healthwatch Helpline at 215-563-5848 X 17!**

<http://www.pccy.org/resource/applying-for-chip-or-medical-assistance/>

#### **...a word about SSI:**

SSI, (Supplemental Security Income), is a federally funded program which provides a monthly check **and** Medical Assistance for people who qualify. To qualify you must have a disabling condition **PLUS** meet income guidelines to be eligible. To apply, call **800-772-1213**, or log on [www.ssa.gov](http://www.ssa.gov). ( Search for Supplemental Security Income and go the Application link).

3. Mail the application (make copies and send registered or certified mail so you get a receipt *in case it gets lost*), get a receipt!  
County Assistance Office Phone: 215-515-6400  
Philadelphia County Assistance Office  
Philadelphia State Office Building  
801 Market Street , Philadelphia, PA 19107
4. The application will be forwarded to your local County Assistance Office. You should hear from them in a letter within 30 days about the status of your application. This letter will contain the name and phone number of the caseworker assigned to your child's application and your case record number. They may need more information. Keep in mind that the state rule says that you do not need to go to the office at all for an appointment, you can phone, fax or mail information.

**OPTION C.** on line via the State of PA benefits webpage: <https://www.compass.state.pa.us/>

## **The Diaper Program (Only for children over 3)**

If your child is three years of age or older and is using diapers because of a developmental delay or medical reason he/she can receive a case of diapers and wipes delivered to your home.

### **For Child with Medical Assistance, here is what you can do:**

Call your child's health provider (this is usually the number written on the back of your medical card).

1. Ask the insurance provider what Durable Medical Equipment Company they contract with in your area and get the name and phone number of that company.
2. Call the equipment company and explain that you want to get your child on the diaper program. They will do an intake with you over the phone and then they will ask you to call your doctor and have the doctor fax a prescription for diapers and wipes to them. **Get the equipment company's fax number.**
3. Call your doctor's office and explain that you need to fax a prescription for diapers directly to the equipment company. The prescription needs to include the child's size and diagnosis.
4. Soon you will begin to receive diapers each month. You will need to renew this process each year if your child continues to need them.
5. If you do not receive the diapers and wipes please call the Medical Equipment Company to check in with them.

### **For children with Private Insurance in addition to Medical Assistance (i.e. from a parent's job).**

1. Submit the diaper prescription to the health plan for payment to the durable medical equipment company.
2. The private health plan will deny the payment. Ask for a denial letter in writing.
3. Resubmit the claim to the medical assistance plan provider with the written denial from the private health plan.
4. The durable medical equipment companies can guide you through the rest of the process.

## **El Programa de Pañal (This is the same information as above but in Spanish)**

Si su niño tiene tardanzas del desarrollo y tiene más de 3 años, él o ella pueden recibir pañales gratis por la asistencia médica.

Siga estos pasos:

1. Llame el 1-800 número de teléfono al dorso de la tarjeta médica de su niño para averiguar a quién su "Equipo Médico Duradero local" abastecedor es.
2. Llame aquel abastecedor, y hable con ellos sobre "el programa de pañal". Ellos le dirán que usted tendrá que conseguir una prescripción del doctor de su niño y ellos le darán el número de fax mandar por fax la prescripción.
3. Llame la oficina de doctor de su niño y dígales que su niño necesita al doctor para mandar por fax una prescripción para pañales a la compañía. La prescripción debería declarar el diagnóstico de su niño y debería solicitar un suministro de un 3 mes de pañales con recambios. ¡Asegúrese que el doctor escribe el tamaño de pañal de su niño la prescripción también!
4. La farmacia que proporciona estos pañales dispensará automáticamente pañales genéricos a menos que el doctor declare una razón médica de una marca de nombre.
5. Usted puede ser aprobado para limpia también.

### **Resources for Toilet Training**

TOILET TRAINER IN PHILLY: ICYLEE BASKETBILL: [icyleebasketbill76@gmail.com](mailto:icyleebasketbill76@gmail.com) 215-406-8686

- Maria Wheeler book: Toilet Training for Individuals with Autism and Related Disorders
- [www.clothdiaper.com/PRODUCTS/DIAPER-COERS/Gerber-Waterproof-Pants.html](http://www.clothdiaper.com/PRODUCTS/DIAPER-COERS/Gerber-Waterproof-Pants.html)
- [www.visualaidsforlearning.com/toilettraining-pack-learning.htm](http://www.visualaidsforlearning.com/toilettraining-pack-learning.htm)
- [www.childrenwithspecialneeds.com/index.php/downloads.html](http://www.childrenwithspecialneeds.com/index.php/downloads.html)
- [www.ilmedico.com/g/plastic-pants/](http://www.ilmedico.com/g/plastic-pants/)
- <http://www.niu.edu/ccr/resources/ToiletTraining2.pdf>
- [http://www.autismspeaks.org/docs/sciencedocs/atn/atn\\_air-p\\_toilet\\_training.pdf](http://www.autismspeaks.org/docs/sciencedocs/atn/atn_air-p_toilet_training.pdf)
- [http://raisingchildren.net.au/articles/autism\\_spectrum\\_disorder](http://raisingchildren.net.au/articles/autism_spectrum_disorder)
- [Kc.vanderbilt.edu/site/resources](http://Kc.vanderbilt.edu/site/resources)
- Elwyn's FREE Toilet Training Booklet in English, Spanish or Chinese  
<http://www.elwyn.org/program/seeds/>
- <http://www.lifewithgreyson.com/2015/03/potty-training-boot-camp.html>

## **Grants, Financial Planning, and Resource Support**

**Need help with money, budgets, benefits and housing? Check out the FES Programs on page 8.**

**BenePhilly Centers:** <http://sharedprosperityphila.org/city-of-philadelphia-opens-benephilly-centers/>

FREE 1:1 counseling regarding housing, rent, healthcare, prescriptions, disability benefits, utility bills, food, paying for college, and more: call 844-848-4376 locations are as follows:

**Catholic Social Services**, 4400 North Reese St, 19140; **People's Emergency Center**, 3939 Warren St.19104;  
**Philadelphia FIGHT**, 1233 Locust St. 19102; **Project HOME**, 1515 Fairmount Ave.19130;  
**Utilities Emergency Services Fund**, 1617 JFK Blvd,19103; **United Communities Southeast Philly**, 2029 S. 8<sup>th</sup> St. 19148.

**Bureau of Autism Services, Office of Developmental Programs, PA Department of Human Services** [www.autisminpa.org](http://www.autisminpa.org) or 866-539-7689. Information about Act 62 and the Adult Autism Waiver located on website.

**ACT 62** \$38,200/ year from private insurance companies of at least 51 employees who are not self-insured

**Madeline Moore Summer Camp Grant** : <http://dbhids.org/summer-camp/Madeline-Moore-Grant>

Provides up to \$400/ year for children 6-17 to attend a participating summer camp. Child must be receiving services through CBH. [SummerCamp\\_DBHIDS@phila.gov](mailto:SummerCamp_DBHIDS@phila.gov)

**Children's Scholarship Fund Philadelphia** [www.csphiladelphia.org](http://www.csphiladelphia.org) 215-670-8411

Scholarships for 4 years for K-8 to fund private, parochial and other tuition-based community schools.

**SCHWALLIE FAMILY SCHOLARSHIP PROGRAM/The Lisa Higgins Hussman Scholarship**

<http://www.researchautism.org/news/otherevents/scholarship.asp>

\$3,000 for individuals with Autism towards payment for post-secondary school.

**Cradles To Crayons (C2C)** [www.cradlestocrayons.org/philadelphia](http://www.cradlestocrayons.org/philadelphia) 215-836-0958

FREE clothing, school supplies, shoes, coats, bedding and other material goods for children ages 0 to 12. C2C does not work directly with families; requests must go through social workers, or other staff in similar positions, who place orders for children's items with C2C. Parents/families cannot request directly. Agencies must register with C2C.

**The Mitzvah Circle** <https://mitzvahcircle.org/index.php> 215-828-6647 individualized material supports (including Diaper Bank) for people in need of all ages. Requests can be from the person in need or a professional on their behalf. The referral forms can be found on their website or processed via phone.

**The New Story Fund:** \$1,500 each year for families with children (age 0-21) with autism spectrum disorder, serious emotional disturbances, mental retardation or other developmental disabilities. The nomination period is open from January 1 through January 31 every year. <http://www.newstory.com/about-us/fund/fund-application/>

**Fred's Footsteps:** <http://fredsfootsteps.org/our-program/> Up to \$10,00 a year for families for needs related to a child's illness, injury or disability that are not covered by insurance such as home adaptations for a wheelchair or a fence. Also grants for finances incurred by a parent unable to work during a child's illness. Referrals through the child's hospital social worker only.

**Kelly Anne Dolan Foundation** <http://www.kadmf.org/> 215-643-0763 Grants for needs not covered by insurance; referrals only through a social worker, nurse, or other healthcare provider; child must have a diagnosed serious, chronic, or critical illness, disability, currently requiring medical attention; Parents/families cannot request directly. See website for more info.

**Danny's Wish** iPads for Autism grants <https://www.dannyswish.org/images/GiveawayApplication.pdf>

**Autism Speaks iPads** for children with Autism : [ipads@autismspeaks.org](mailto:ipads@autismspeaks.org)

## **Financial/Benefits Advisors**

**Tools for Meeting Life's Challenges:** [www.toolsmlc.org](http://www.toolsmlc.org) 866-594-8362 [jscullin@toolsmlc.org](mailto:jscullin@toolsmlc.org)

Non-profit organization that provides resources, support and advocacy, in-person and online, to empower people with disabilities, their families and allies to lead self-determined lives. Information about education, finances and benefits. Free