

How We Help

The Center for Autism is a non-profit organization that was founded by renowned child psychiatrist Dr. Bertram A. Rutterberg, and is the oldest autism treatment center in the country. As a leading provider of services in the Philadelphia region today, the Center knows that each person with autism is unique and tailors its programs to the needs of each person and family.

Quality of Care

- Comprehensive and continual assessment of needs
- Individualized treatment plans
- Multidisciplinary, relationship-based approach
- Small treatment groups, low child to therapist ratio
- Experienced, dedicated clinicians

Better Outcomes

- Develop and improve communication
- Establish important relationships
- Build meaningful social interaction
- Improve behaviors that interfere with success
- Overcome challenges in sensory processing
- Learn skills to thrive in school and in the community

Family Involvement

- Participate as full partners in the therapeutic process
- Receive support and education
- Learn to navigate systems and advocate for the future
- Collaborate with agencies to ensure a comprehensive approach



The Center for Autism
BETTER OUTCOMES FOR LIFE

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The Center for Autism is a 501 (c)(3) non-profit organization, and an equal opportunity employer and service provider.



The Center for Autism
BETTER OUTCOMES FOR LIFE

Improving the
quality of life for
individuals with Autism
Spectrum Disorder and
their families
since 1955



What is Autism Spectrum Disorder?

Autism Spectrum Disorder affects each individual differently and to varying degrees. It appears in early childhood, and is marked by impairment in communication and social interaction, as well as repetitive behaviors and/or restricted interests. While there is no known cure, the Center for Autism is focused on improving the quality of life for individuals with Autism Spectrum Disorder by providing specialized services and treatment programs.

Services to Meet Varying Needs

- **Evaluation & Assessment:** offered to people of all ages to determine an initial diagnosis or confirm a previous diagnosis, identify additional conditions/disorders, assess level of functioning, and make appropriate recommendations for services.
- **Pre-K Program:** an intensive, full-day program for children ages 2-5 years old that improves communication, disruptive behaviors, self-regulation and social interaction.
- **First Friends Program:** a full-day treatment program that is focused on improving socialization and communication, particularly with peers, for children up to 6 years old.



- **Social Competency Program:** an after-school program designed to develop and facilitate social competency skills in children and adolescents ages 6 to 16 years old.
- **Outpatient Program:** individualized one-on-one, family and group therapy for people of all ages.
- **Saturday Program:** a weekly program for teens and young adults that focuses on teaching pre-vocational and independent life skills.
- **Consultation Services:** customized workshops, seminars and training to those working with individuals with autism.